



Epistemo  
Vikas Leadership School

# Epistemo Lemur's News



## **Greetings from Epistemo!**

New academic session often brings with its new enthusiasm, exploration, milestones and challenges.

An increasing number of countries and states around the world have closed institutions of learning due to an outbreak of the Covid-19 pandemic. Amidst such a chaotic situation, Epistemo Vikas Leadership School, whose main objective is to nurture young minds, realizes the importance of continuity in education.

While we gear up for all the exciting things that July has to offer, let us take a glimpse into what was a first-hand, challenging and yet a very unique transition from traditional learning to digital learning.

### **Events & Happenings:**

#### **Virtual Classes**

To enable effective learning, keeping the welfare and safety of students and its fraternity in mind, Epistemo has chosen **Google Classroom** to start its virtual classes from 22<sup>nd</sup> April, 2020, wherein materials, pre-recorded videos, PPTs and assignments were posted which could be accessed by the students. Live-classes for grades 8, 9 and 10 were also conducted.

This initiative was positively adapted by the students and highly appreciated by the parents.

weekly subjected based interactive session were held to build up the relationship between students and teachers, during which the children's queries were answered and teachers constructively guided the children and also catered to their psychological needs.

#### **Integrated classes (Co-curricular activities)**

Integrated online live classes and activities like physical education, fitness program, yoga, music sessions, art & craft were conducted for students from grade 2 to grade 10.

Students practiced various exercises and meditation that helps manage stress and anxiety, keeps one relaxed and physically and mentally fit during this lockdown period

### **Creative Innovators - Learning by exploration**

A short break from 16<sup>th</sup> May, 2020 to 7<sup>th</sup> June, 2020 was taken. The learners from grade 1 to grade 10 were kept engaged with exciting, practical, experiential and learning-oriented projects that added flavour to their on-going learning process. The innovative activities included : me and my parents (fixing a snack with summer drink), show and tell, news reading competition, short film making or a documentary, digital poster making, growing microgreens, speech recording, making leaflets and catch-up live videos: helping parents at home.

#### **Grade 1**

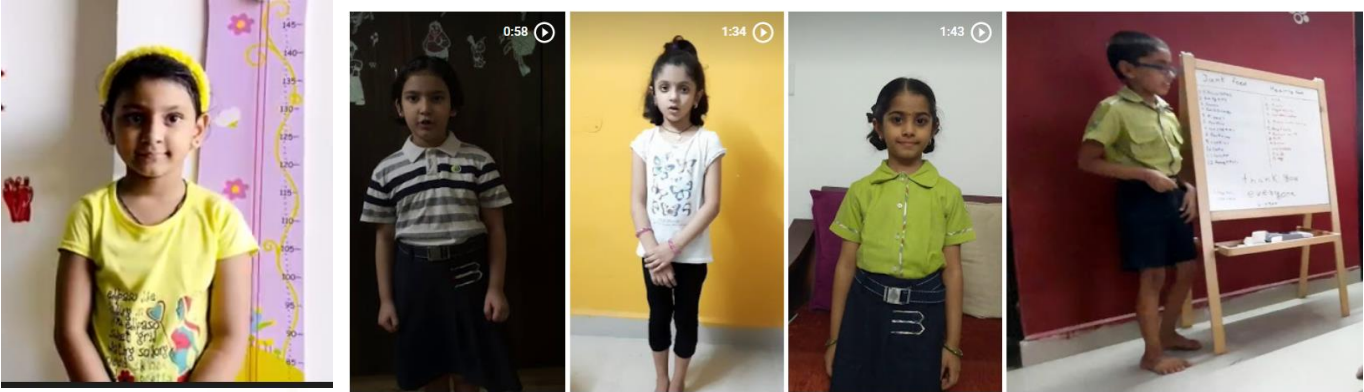
<https://photos.app.goo.gl/NvyAaozsQEbCYbEB6>





## Grade 2:

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## Grade 3:

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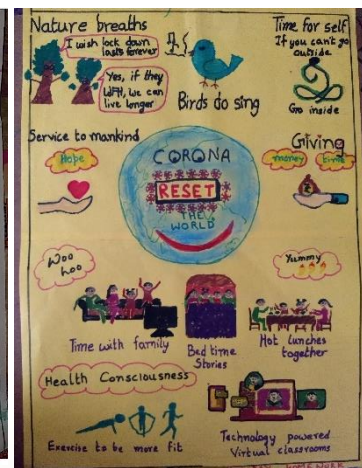
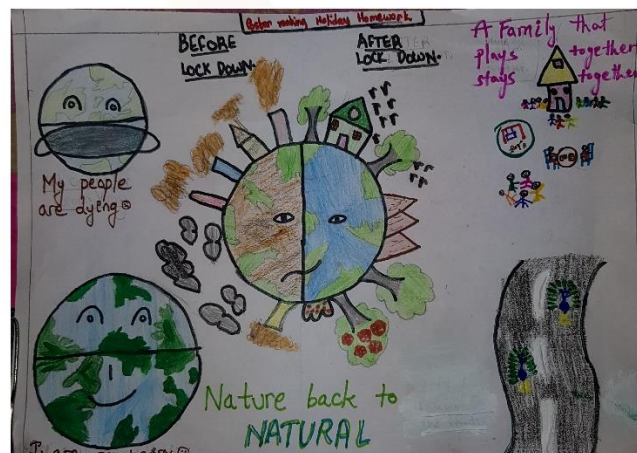


## Grade 4:

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## Grade 5: "Poster making" on positive effects of the lockdown along with a slogan

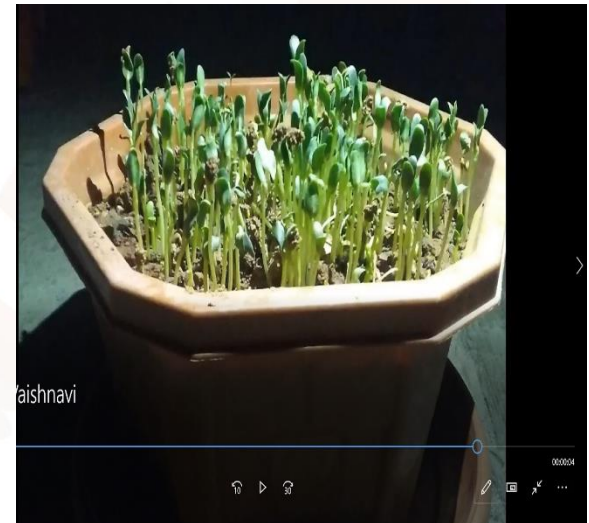






**Grade 6:**

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**Grade 7:**

<https://photos.app.goo.gl/gYDkkTb1XJC3oTs98>

**Grade 8:**

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**Grade 9:**

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**Grade 10:**

<https://photos.app.goo.gl/xgUUUtmWDGpeeW2dA>

The goal of these projects was to help the students get closer to nature, build awareness to help them face the current situation better, enhance their creativity and to keep them positively and constructively engaged.

After the short-break, virtual classes have reopened with a few constructive changes. As students have shown resilience and adapted well to the online classes, the school has started daily live sessions, where the teachers of every subject and co-curricular activities are interacting with the students according to a pre-set schedule.

### Tudubuddy Live Session:

Our Principal Ms. Hema Surapaneni, was one of the leading speakers Tudubuddy live session – Lessons learnt from COVID -19 pandemic on 22<sup>nd</sup> May 2020. She gave insights on how virtual teaching through Google classrooms is incorporated at Epistemo covering all kinds of skills varying from differentiated teaching, transdisciplinary integration, to scientific, active and inquiry-based learning. The principal shared her experiences and challenges involved in making the Google classroom a comfortable platform for teachers and students. She also detailed the steps that are taken in adopting remote learning and preparing for the future with upcoming challenges in the education industry.

**Video Link:** <https://youtu.be/oTXBkr6A2q0>



The poster for the Tudubuddy Zoom Live Show features the Tudubuddy logo at the top left with the tagline 'MAKING KIDS SMARTER'. To the right is a logo with an open book and the text 'LEARN 2 LEAD'. Below the logo is a graphic of a virus particle. The main title is 'Zoom Live Show on Lessons Learnt from Covid19 Pandemic'. Below the title are two bullet points: '- How schools managed the impact and preparing for future' and '- Impact on Students and Teachers'. The section 'GUEST SPEAKERS:' lists five speakers with their photos and names: Ravi Kiran E (Tudubuddy Founder and Director), Mr. Dilip Kumar (Principal of CMCL Vidya Bharati School, Meghalaya), Ms. Hema Surapaneni (Principal, Epistemo Vikas Leadership School, Telangana), Ms. Gurleen Khokhar (Guidance psychologist, Principal Windsor pre-school & Writer, Chandigarh), and Ms. Arshiya Afsar (Co-Founder Learn2Lead & Artho, Territory Head, ECA, Telangana). A Zoom logo is also present. The date and time are listed as '22.05.2020 FRIDAY' and '5 PM-6 PM (IST) Duration: 1 Hour'. At the bottom, it says 'Register at below Google link' and 'Details of zoom link will be send on email for registered users.'

**tudubuddy**  
MAKING KIDS SMARTER

**Zoom Live Show on**  
**Lessons Learnt from Covid19 Pandemic**

- How schools managed the impact and preparing for future
- Impact on Students and Teachers

**GUEST SPEAKERS:**

- Ravi Kiran E**  
Tudubuddy Founder and Director
- Mr. Dilip Kumar**  
Principal of CMCL Vidya Bharati School, Meghalaya
- Ms. Hema Surapaneni**  
Principal, Epistemo Vikas Leadership School, Telangana
- Ms. Gurleen Khokhar**  
Guidance psychologist, Principal Windsor pre-school & Writer, Chandigarh
- Ms. Arshiya Afsar**  
Co-Founder Learn2Lead & Artho, Territory Head, ECA, Telangana

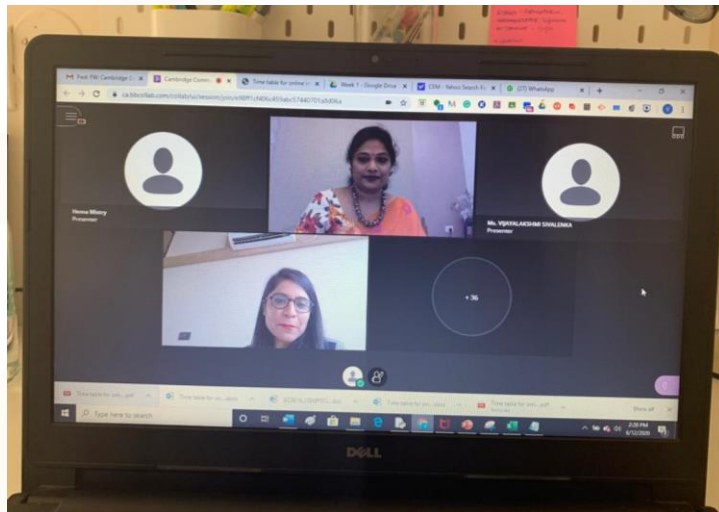
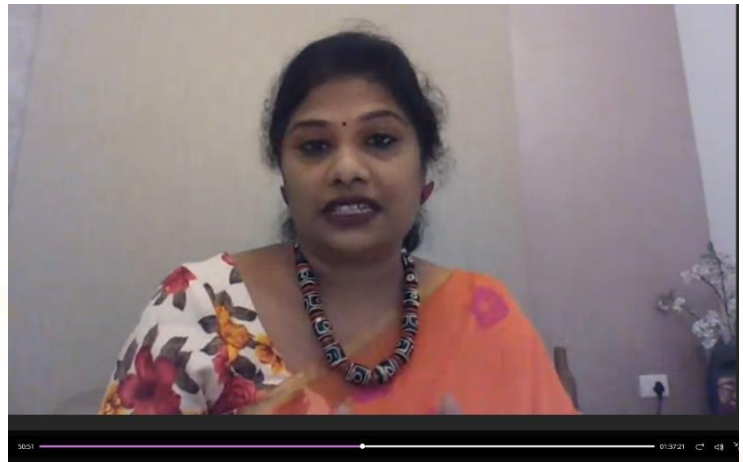
**22.05.2020 FRIDAY**  
5 PM-6 PM (IST)  
Duration: 1 Hour

**Register at below Google link**  
Details of zoom link will be send on email for registered users.



## Cambridge Community Meet of Telangana and Andhra Pradesh

Our Principal Ms. Hema Surapaneni who was one of the panel speakers at the Cambridge Community Meet of Telangana and Andhra Pradesh spoke on “Technical skills and Emotional Quotient of Teachers.” She emphasized on how during this pandemic period, educators quickly stepped up from classroom teaching to digital facilitators. She also highlighted the need to possess leadership qualities and work as a team, the need to empathize, encourage and support them and work on their emotions as it involves four levels - from teaching to content development, pedagogy, monitoring and evaluation.



## Learning Forward - “I am a Passionate Educator”.

Our Principal Ms. Hema Surapaneni was an active speaker in the session conducted by Learning Forward where she spoke on “I am a Passionate Educator”. She says it is passion that drives people to do things with dedication and enthusiasm. Passion brings out the best in you.

<https://anchor.fm/learningforward/episodes/Hema-Surapaneni-I-am-a-passionate-Educator-efg1jt>





## Cambridge Workshop

Our Cambridge Coordinator Ms. Vani and our trainer Ms. Sowmya attended Cambridge training Workshop. It is an enrichment professional development programme that offers different training and professional development opportunities for teachers according to their experience and needs.

## Achievements

Young singer Nityasri of grade 7B secured 3<sup>rd</sup> prize in both Telangana and Andhra Pradesh State level Telugu Padyam Competition.

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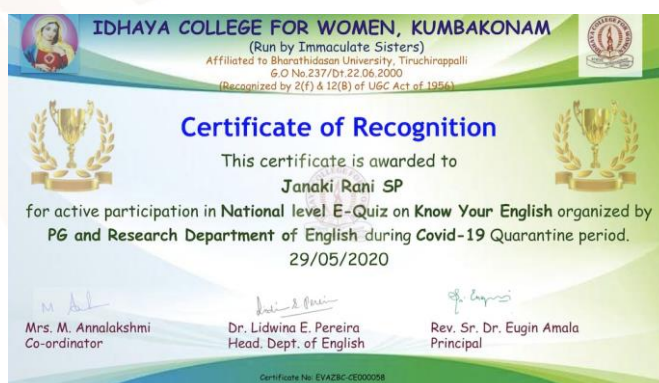


Tamanna Yadav of grade 9 participated in the Second level National Astronomy and Science Olympiad competitive exam 2020 and won a smart watch.

Tamanna Yadav secured 1<sup>st</sup> prize in the Family Tree Weekend Challenge conducted by Young INTACH for students all over the world.



Our educator Ms. Janaki Rani won a certificate of recognition for active participation in National level E – Quiz on Know Your English organized by PG and Research Department English Idhaya College for Women, Kumbakonam on 25<sup>th</sup> May 2020.



## Emerging Artist!

The work is not defined by the age of the creator. Our young artist Nishitha Grandhi of 7 B has exhibited her crafting and drawing skills that gives an opportunity to challenge thinking skills and develop



learning skills. This leisure time hobbies gives us a chance to use your brain creatively.

## Webinars

Our educators Ms. Bhargavi, Ms. Kaduduri Swathi, Ms. Divya Sharma, Ms. Kanakadurga, Ms. Divya R, Ms. Navalatha, Ms. Madhavi Latha, Ms. Bartika, Ms. Tripti and Ms. Burney apart from taking virtual classes were also engaged in attending various webinars to make the learning process a continuum with innovative techniques and different pedagogies.

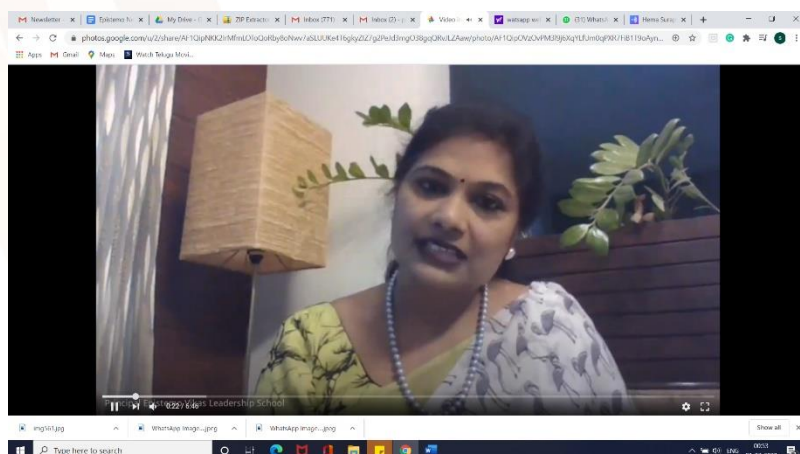
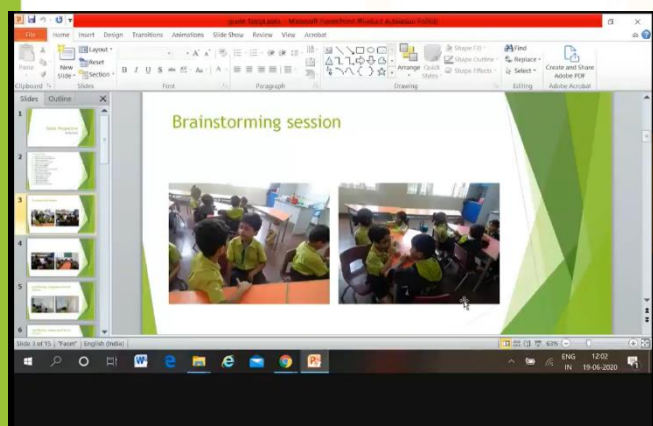
## Fitness Program – Khelo India

Our Head of the Sports Department Ms. Kanakadurga attended Khelo India National fitness program, CBSE Training Program for PE teachers (TOT - Training for Trainers) .

## ORIENTATION ON GLOBAL PERSPECTIVES

On 19<sup>th</sup> June, 2020, an Orientation was given by the Principal on Global Perspectives( GP) to Parents of the first graders, which is a subject in Cambridge curriculum. She discussed the need for 21st Century Skills and how GP caters to these needs. GP takes a skill - first approach which helps the students to build skill over knowledge.

She also addressed the parents' concerns like who the onus of the work will fall on with all the projects – parents or students, saying that as these projects are for the development of various life skills and will not be evaluated they must be done by the students.



## Principal Message:

<https://photos.app.goo.gl/XNcy6RLj5FL4F7hW9>

## GP Orientation:

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## Yoga Day Celebrations & Yoga Sessions

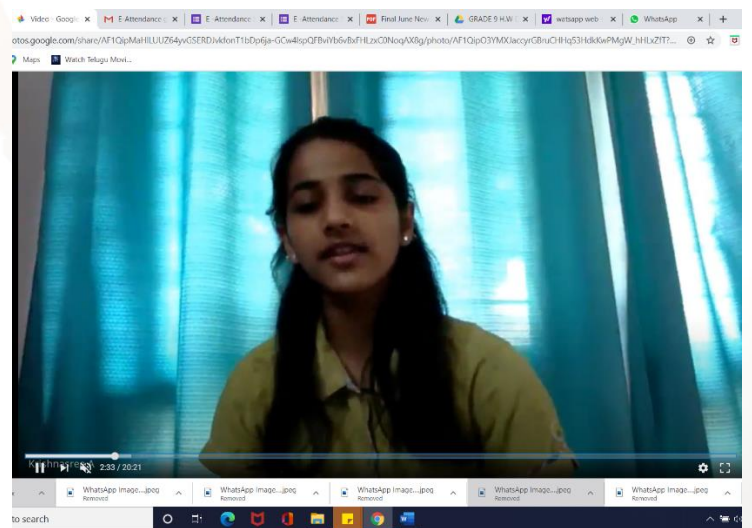
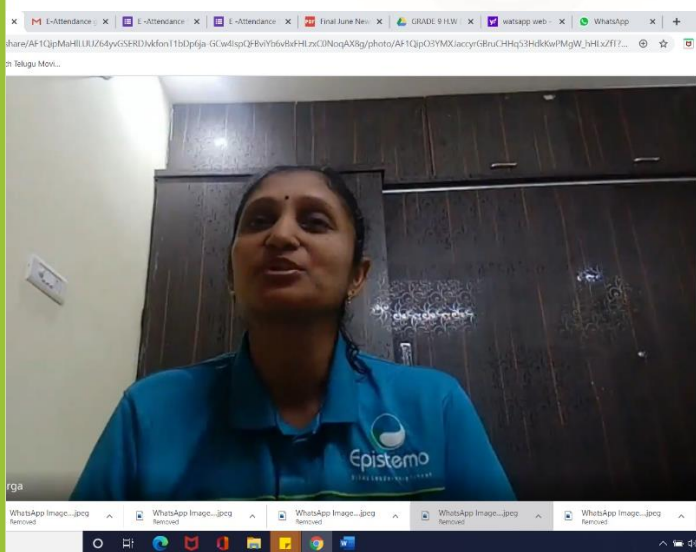
### Stay Fit Stay Mindful!

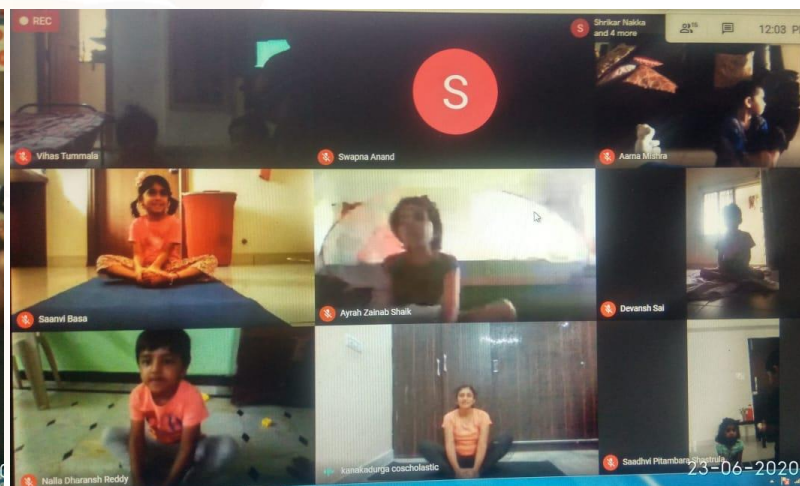
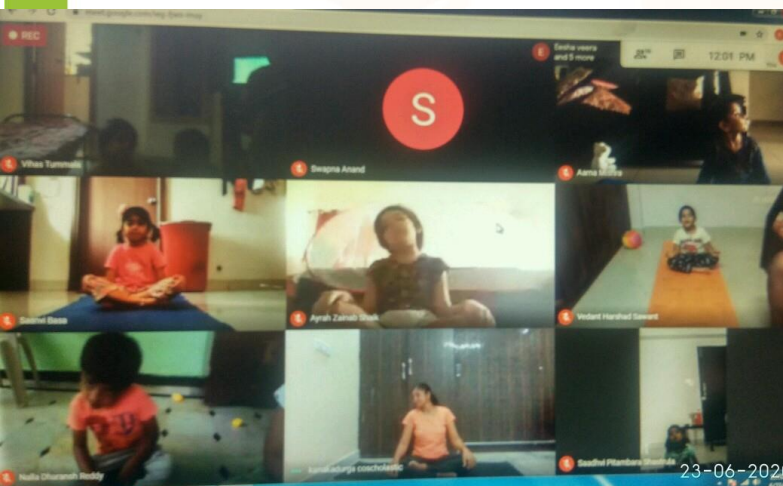
‘Yoga is not a religion, but is a way of having a healthy mind in a healthy body.’

On the occasion of International Day of Yoga, 21<sup>st</sup> June, 2020, our lemurs, teachers and parents actively participated in the yoga session with great enthusiasm.

Simple warm-up exercises and asanas, anuloma and viloma pranayamas were instructed by Jhanvi and displayed by Tamanna which are great stress relievers that can be practiced daily. Tamanna of grade 9 gave instructions while Jahnvi of grade 9 demonstrated warm-up exercises, sun salutations, 12 positions with 12 asanas.

Grade 9 and 10 students made the day an eventful one, the first of its kind, that will remain afresh in our minds for a long time.



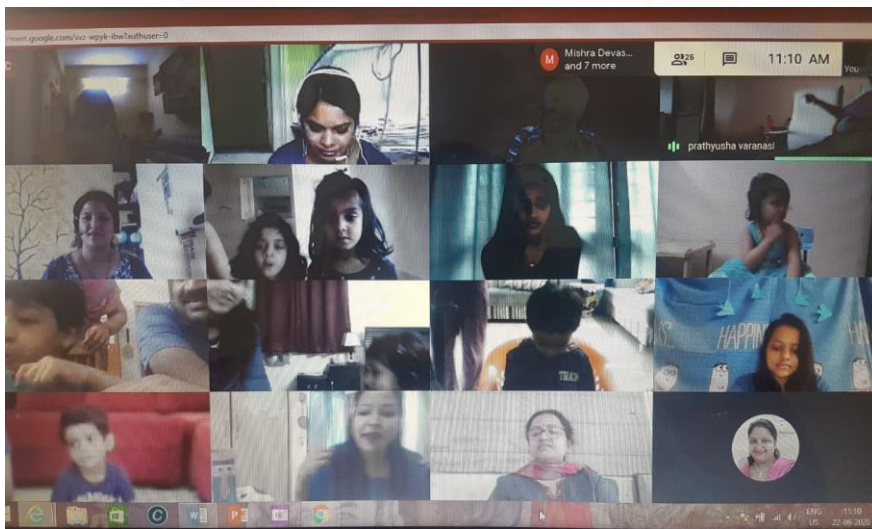




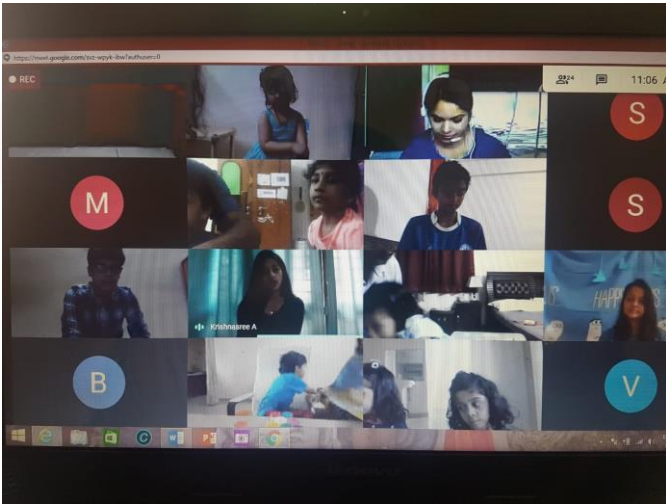
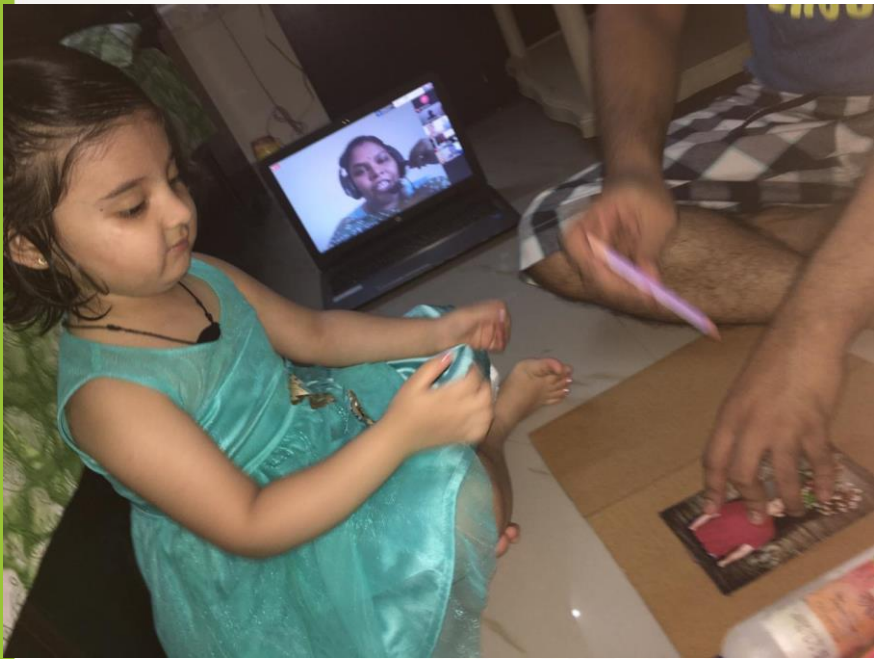
## Father's Day Celebrations

To honour fathers and to celebrate fatherhood and paternal bonds, Epistemo family celebrated Father's day on 22<sup>nd</sup> June 2020.

It was an online celebration. The event was hosted by 10<sup>th</sup> graders. Krishnasree of 10<sup>th</sup> grade welcomed everyone and Mrs. Shewtha Saha, our educator, sang the welcome song. The Lemurs were enthusiastically engaged in preparing quick healthy snacks like Monaco topping and fruit chaat for the fathers. The day became a memorable one with the photo frame craft activity to keep memories evergreen.









## THE “Earth” WITHOUT “Art” IS JUST “eh”

Little Lemurs of grade 1, very cutely displayed their artistic abilities with activities like Handprint, Instant glue and Tear and Paste during the art classes over the last two weeks. The students had a lot of fun and thoroughly enjoyed themselves.

Grade 2 to 4 Lemurs fell in love with Reflection Art by playing with colours and enjoyed making Instant glue by using household materials. These activities took the students back to their parent era that they absolutely loved.

Grade 5 to 7 Lemurs enjoyed making face masks and homemade glue activities. These face masks, which is an essential during this pandemic, was made only by using a waste cloth, scissors and their creativity. No stitching was involved. Homemade glues were made using household materials which required very little cooking. Applying this glue they created their own crafts using the technique of tear and paste.

Our Lemurs stole everyone’s heart with their creativity.



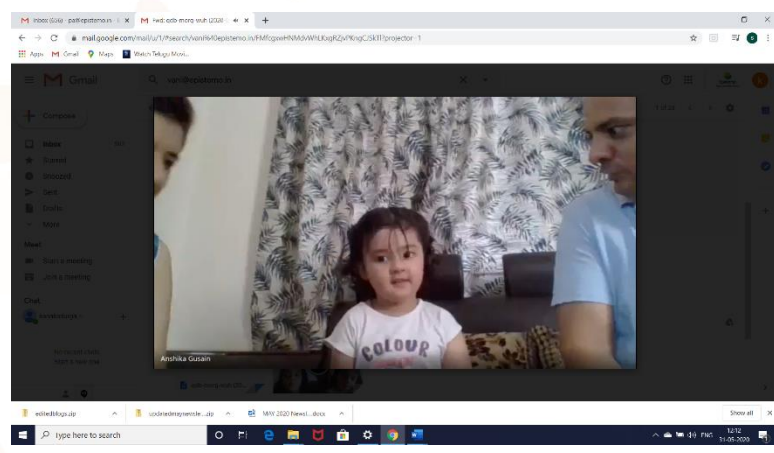
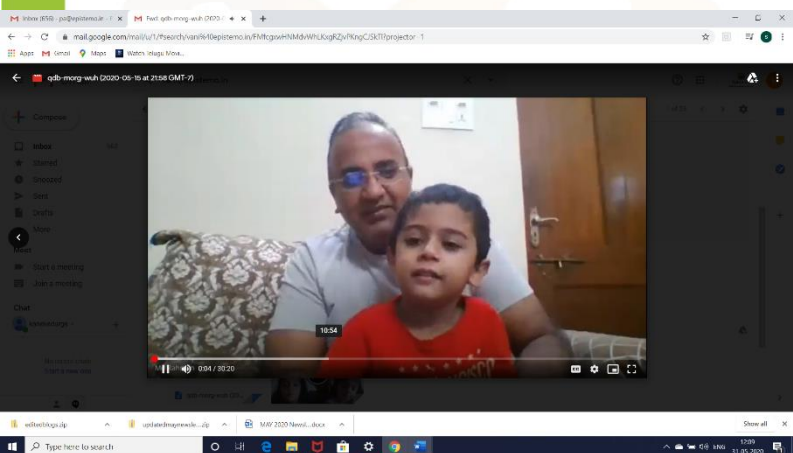
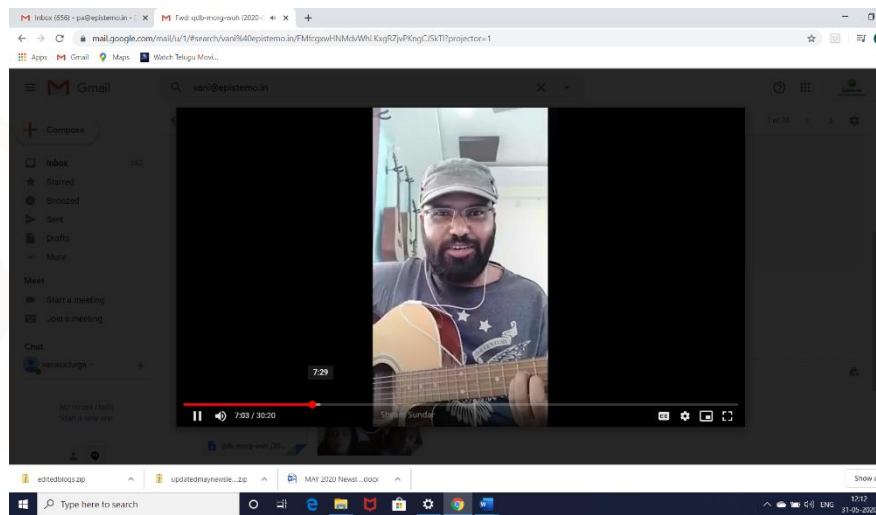
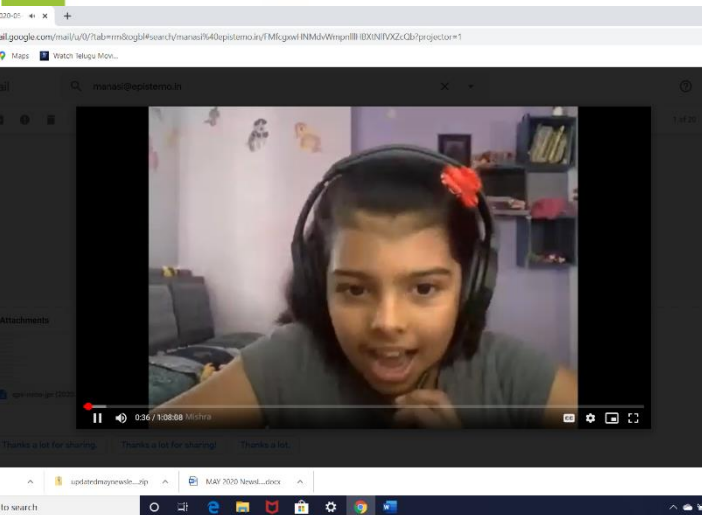




## MUSIC:

“Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything.” – Plato

<https://photos.app.goo.gl/ZTmw7wwU8xAh1SWM8>



## Weekly Tests

To evaluate how far the students are thorough with the concepts taught till date, weekly tests are being conducted for grades 8, 9 and 10 from 30<sup>th</sup> June, 2020. These weekly tests also serve as one of the parameters to identify what needs to be taught further in order to bridge the gaps in knowledge and to aid in retention of key skills.

## Students Speak

### GOOD VIBES

The truth that we have come to know  
Starts out small, but watch it grow  
Taking time to help each other  
Brings us close to one another  
Beginning now starts something new  
Good deeds done out of the blue  
Put your kindness to the test  
You'll be amazed what happens next  
One small word can brighten the world around you  
One big smile can change someone's day  
A helping hand goes farther than you can dream  
Good vibes, so many different waves  
Moments that you don't expect  
Spirits down, you're in the depths  
The world feels like it's lost the light  
But little things can make it right  
Think of all the lives you've touched  
They come 'round and twice as much  
Friendship makes the world get lighter  
Blur the lines and make it brighter  
One small word can brighten the world around you  
One big smile can change someone's day  
A helping hand goes farther than you can dream  
Good vibes, so many different waves  
It only takes a moment to make someone's day  
Good vibes, good vibes  
It keeps us growing stronger, so let's hear you say  
Good vibes, good vibes  
One small word can brighten the world around you  
One big smile can change someone's day  
A helping hand goes farther than you can dream  
Good vibes, so many dif-fer-ent waves



## SUMMER HOLIDAYS

In my summer holidays, I went to my hometown, Rajahmundry. Well, I felt like this year was a terrible year for all. For example: Home quarantine, was the most horrible of all, can't go outside, can't eat my favorite street foods like, tomato bajji, pani poori, and spicy street noodles. Above all, because of quarantine it's almost 3 months and now our school started online classes on Google classroom.

Now it feels like, my whole brain is full of work; I can't handle all this work in my brain. It literally feels like I'm an iPhone, like my storage is full of photos and can't hold any more. Though I did have some fun in the quarantine life like, I did fulfill one of my wishes like eating chicken dum biryani.

I played cards with my family, which was the best time, being together playing till 2 am. So, quarantine life isn't that bad after all. Though quarantine life is not best, but it gives us quality family time.

*Bhaves Dadi (Grade 7)*

## The least known facts about "VOWELS"

We all know, vowels are used very frequently, and they are a very important and essential part of our grammar and vocabulary.

Since kindergarten we have been learning about vowels. The first thing that comes to our mind when we think about vowels is: the five letters itself, A, E, I, O and U. However, what if somebody asks you the definition of a vowel?

At first, you might be puzzled as this is something you would have never thought about. After some time, you might say, "they are the most frequently used alphabets" or "they do not have a definition". No, you are wrong!

So here goes the correct definition of a vowel! – "They are the group of alphabets representing a speech sound made with the vocal tract open". In simple words, the vowels are the letters when pronounced does not stop airflow through your mouth. Still confused? Well, let me make it simpler. Try pronouncing every alphabet. Did you notice anything? For most alphabets, when you pronounce them you close your mouth (either fully or partially) whereas for a, e, i, o and u, you don't close your mouth. These

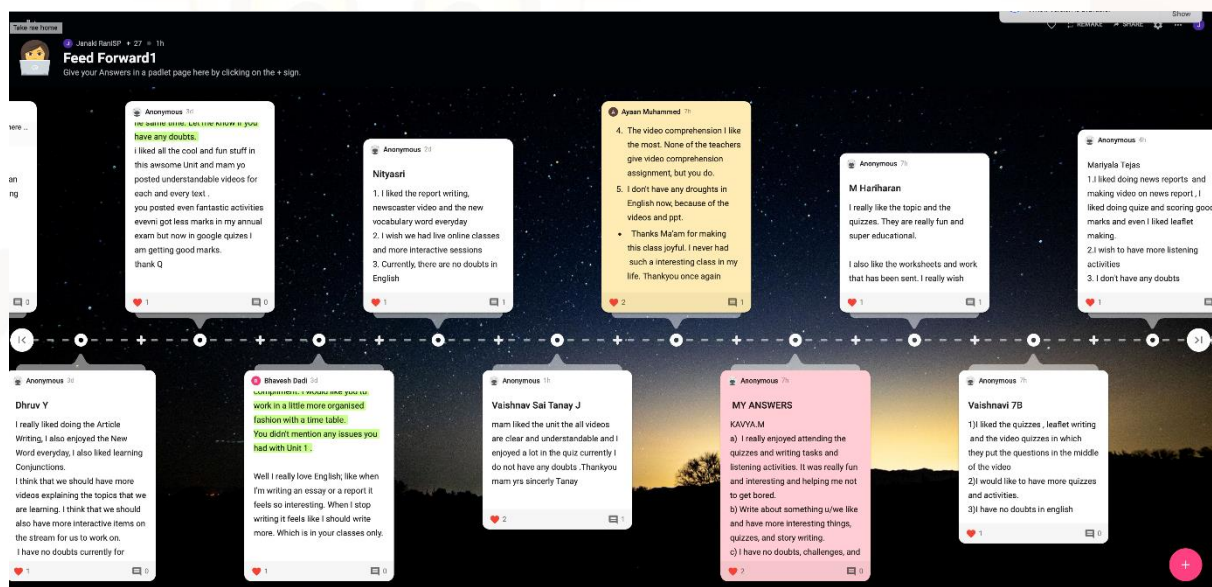
alphabets are called “vowels”. Still confused? Try it!

So, now you know what to say if anyone asks you the definition. I am sure the next time you pronounce a vowel you will check to see if this fact is true.

Sidharth V,7B

## Reflection of students learning

We at Epistemo believe in action continuum process of learning where the students are expected to timely reflect on their learning stage-wise in an inquiry cycle.



*This period has seen incredible team work and flexibility in the face of an unprecedented challenge. We are grateful and extremely proud of every member of the Epistemo community for their part in what is a trying time for everyone.*

***Stay home and stay safe !***



