



Epistemo
Vikas Leadership School

Epistemo Lemur's News



Greetings!

It's that time of the year again, to ring out the old, and ring in the new.

As we turn the page on the old year, it's also time to look forward to all the wonderful things that the new year has in store for us. But before we plunge into the New Year and all it has to offer, we will pause a bit to look at what has indeed been a very eventful year for our students- the successes, the opportunities and all the learning that happened culminating as it did with Kreedotsav, our Annual sports meet. All that and more in this round up of events and happenings in school this December.

Events

Kreedotsav, the Annual Sports meet was celebrated with pomp and show on 21st December 2019, at the Ambedkar stadium in BHEL Township. It was a gala event, presided over by Chairperson of Vikas group of Institutions, Smt Swarajyalakshmi, and dignitaries, Director Dr. Nandakishore, Ms. Usha Yenigella, Ms. Madhavi Nandakishore and Ms. Padmakolli. The event started at 4pm with the Marchpast, followed by the flag hoisting and lighting of the torch. The dignitaries took the salute of the very impressive March Past of the students, to the accompaniment of some stirring marching music by the school band. The students entered into the spirit of the occasion in a grand way with the oath being administered by Principal Ms. Hema Surapaneni.

Energetic displays by the students set the pace for the day, and the daring dives made by the students through the ring of fire mesmerized the audience watching the Taekwondo performance. Colourful displays were interspersed with track events for all grades, and once the races began, the air was filled with cheering and lots of encouragement for the young participants. Students of classes grades preprimary to 10, competed in a variety of events including sprints, sack race, obstacle race, skipping race and relays. Principal Ms. Hema Surapaneni addressed the students and presented the annual report, while Ms. Madhavi, administrative officer presented the vote of thanks. Medals were distributed to winners, and the results for the best performing house was announced. The overall rolling trophy for the best house went to Socrates house. The two and a half hour action packed program ended on a spectacular note with a dazzling display of fireworks.

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Camp on Campus, a fun-filled camp for our pre-schoolers was organised on campus. The camp brought the fun, thrill, excitement and simple pleasurable experiences of outdoor camping in our school campus. The camp was loaded with activities aimed at self-management and direct learning, while also serving as a break from the monotony of structured school schedules. Children also had the opportunity to enjoy the nippy winter evening in warmth and company of friends and teachers

The programme started with school prayer, followed by art and craft session for the little ones. Next came the puppet show followed by hot munchies and snacks for our ravenous campers.

The children also played some exciting games like hopscotch, bowling alley, fill the tub and grab the ball. Then kids experienced the magic of tent and bon fire followed by music and dance!!!











Field Trips

A field trip to the zoo is a great way for students to observe animals and feel a connection with wildlife. Preprimary students experienced natural habitats, identified and recognized different types of animals & birds during their field trip to Jawaharlal Zoological Park on 6 December 2019. Kids had their lunch in an ambient and pleasant environment with greenery around and animals around and discussed about what they had seen with their teachers. It was truly a fun trip.





Students of grade 1 went on a field trip to 'Sudha Car museum' on 28th December'19. The children enjoyed seeing many uniquely shaped handmade cars like lipstick car, cricket bat car, ball car and Ganapati ladoo car. The museum displays crazy cars that resemble everyday objects like pencils, different balls, cake etc . The students interacted with the people working there to know more about the museum and watched videos of these cars in action.



CBSE water conservation Expression series.

To create more awareness on the crucial issue of water scarcity, CBSE Expression Series on Water Conservation was organized on December 16, 2019. Students of Gr 3 to 10 participated in different events like, Story/Essay/ Paragraph/ Poem writing and Painting on the theme of water conservation.

Paintings of Ms Kaumidi Acharya (grade 7b), and Smritika (10 A) along with poetry written by Arya Goyal (10A) were adjudged to be among the best entries and uploaded on the CBSE Website.





Sample CBSE Expression Series Submission Sheet

Fill all details. All fields are mandatory:

Name of Participant: Kaumudi Acharya Class: 7B

Gender: M / F (tick one)

Name of the School with complete address:
Epistemo Vikas Leadership School,
Plot #B4, Nallagandla Residential Complex,
Huda Layout, Serilingampally, 500019.

Name of City/Village: Serilingampally State: Telangana

Contact Number of participant/parent (whichever is applicable): 9886190415

Contact No. of School 9248111441 Email address of participant (whichever is applicable):

deborahacharya@gmail.com

Email of School: pr@epistemo.in

"शिक्षा-1 सदन" 17, राजप एवेन्यू, नई दिल्ली-110 002

"Shiksha Sadan", 17, Rajeev Avenue, New Delhi - 110 002

फोन: Telephone: +91-11-23212623, 23243324 वेबसाइट: Website: www.cbseacademic.nic.in



Sample CBSE Expression Series Submission Sheet

Fill all details. All fields are mandatory:

Name of Participant: Kaumudi Acharya Class: 7B

Gender: M / F (tick one)

Water Conservation

Name of the School with complete address:
Epistemo Vikas Leadership School,
Plot #B4, Nallagandla Residential Complex,
Huda Layout, Serilingampally, 500019.

Name of City/Village: Serilingampally State: Telangana

Contact Number of participant/parent (whichever is applicable): 9886190415

Contact No. of School 9248111441 Email address of participant (whichever is applicable):

deborahacharya@gmail.com

Email of School: pr@epistemo.in

Roll no: 68106



Sample CBSE Expression Series Submission Sheet

Fill all details. All fields are mandatory:

Name of Participant: CHRETHIKA Class: 7A

Gender: M / F (tick one)

Name of the School with complete address:
Epistemo Vikas Leadership School,
Plot #B4, Nallagandla Residential Complex,
Huda Layout, Serilingampally, 500019.

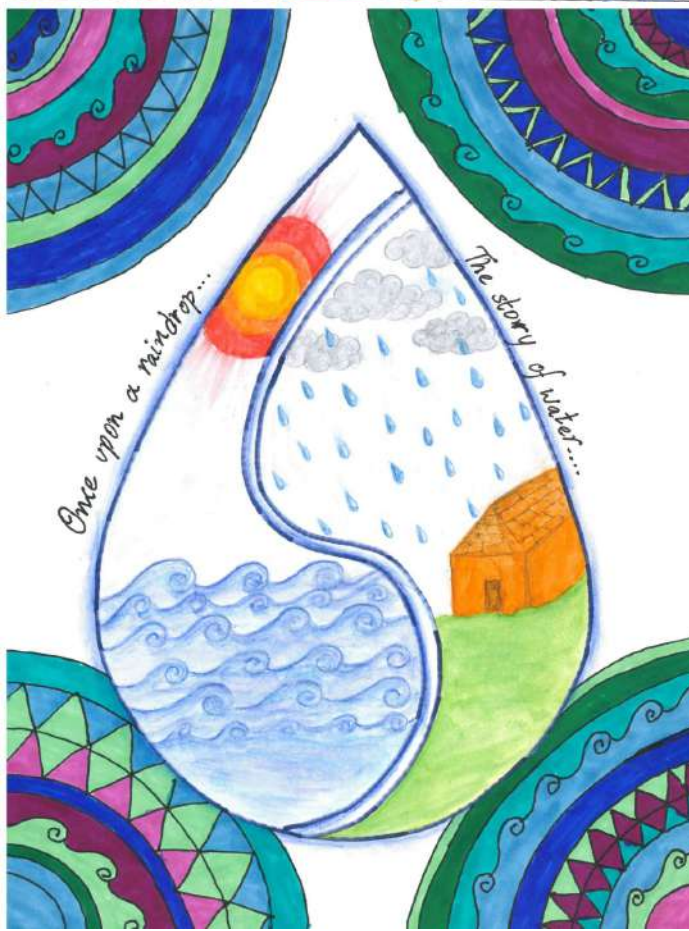
Name of City/Village: Serilingampally State: Telangana

Contact Number of participant/parent (whichever is applicable): 9959063606

Contact No. of School 9248111441 Email address of participant (whichever is applicable):

lestaff.artist@gmail.com

Email of School: pr@epistemo.in



Assembly

The houses presented the assembly on the value of 'being principled' for the month of December. The assembly was presented by Grade 2 Lemurs. Archimedes House members presented a skit and a song by Odysseus; Pythagoras House members presented the value depicting the great personalities around the world who were Principled in life and were successful. Socrates' house also displayed some tips to follow a happy life and sang a song on the value. Lemurs from different grades were awarded the badge for being principled. The winners are: Krrish Talluri(Grade 1), Aayan Vasudev (Grade 2), Haneesh(Grade 3), Stuti Sharma (Grade 4), Yathika Grandi (Grade 5), Sai Varamruth (Grade 6), Kowmudhi Acharya (Grade 7), Tamanna Yadav (Grade 8), Guru Sai Prasad (Grade 9) and Arya Goyal (Grade 10).









PP Activity:

PP lemurs busy with hands on activities which help them with their concepts in math, science, reading, writing, and other psycho-motor skills.



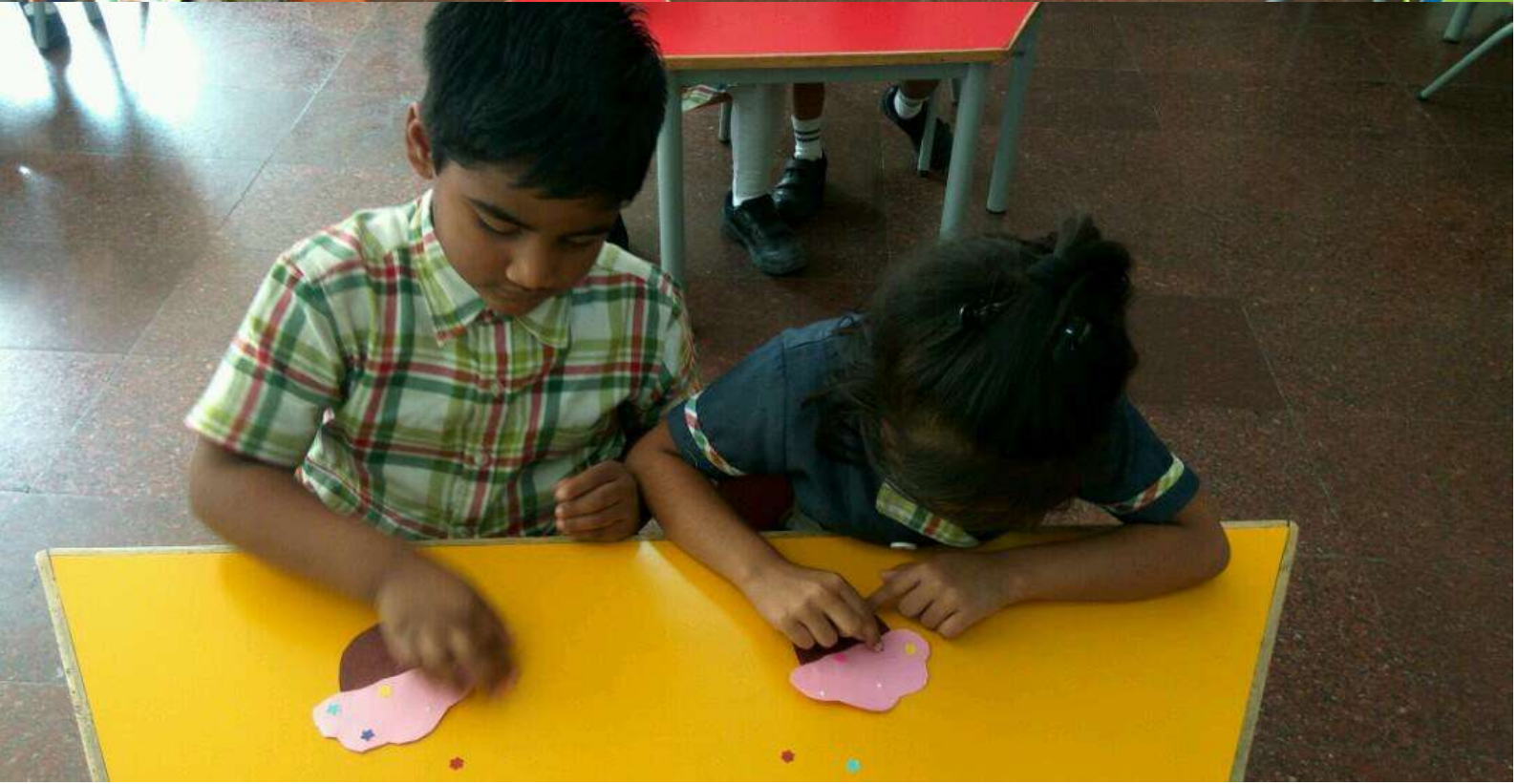




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Students of grades 6 Learnt the topic of 'Rocks & soil' , and as part of the learning made chart presentations, flashcards and poems on rocks & solar system.



Grade 7 students enhanced their understanding of the topic 'Magnetism' through Model making, demos, experiments and student led classes.



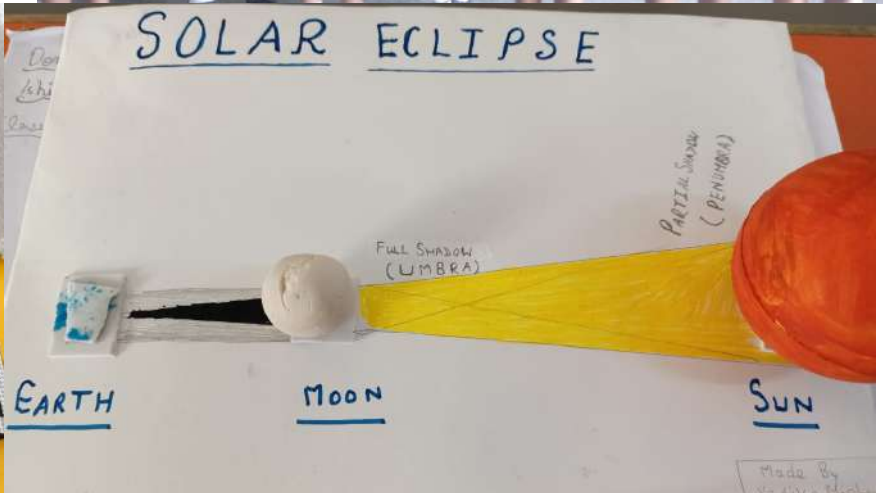
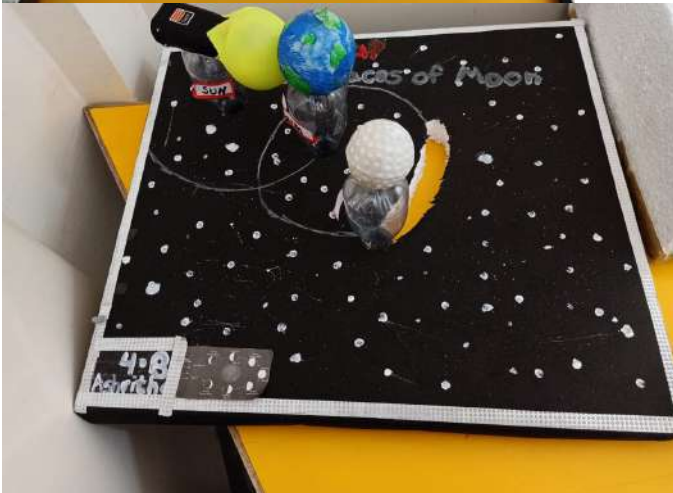
Students of grade 9A made a video on the principles of Force and & Laws of Motion as part of their learning.



Students of grade 3, made models of the globe using balloon, paper mache paste and newspapers as part of their study on the shape of Earth.



As part of their Global Perspective syllabus, students made models and presentations depicting the movements of earth -rotation and revolution



Grade 3 did an exciting activity (enactment of play) on the 28th of this month. They were divided into groups to write a play script on topics given by the teacher. They wrote dialogues and stage directions on their own with minimum help. They performed the play in class with props and in complete coordination among one another. They loyally adhered to the stage directions and delivered dialogues with expression and exuberance.



Sports Achievements

Our Lemurs have bagged the Runner up position in CBSE BHEL Clusters Under 16 Basketball competition, held on 2 December at Birla Open Minds.



Parth M of grade 5 achieved silver in 100mts and gold in 300mts in under 12 category at Hyderabad district championship while Sumedh N of grade 10 participated in Bharat Ratna Dr Rajendra Prasad Junior National Cricket Tournament at State level and got selected to Nationals.



Our senior cricket team also participated in the Cricket competition under 14 category organized by Hyderabad Cricket Association this month.



On Saturday, 28th December, our students from grades 5-10 went on a cross country run as part of their HPE program that tests endurance, stamina and adaptability levels of our students.



Epistemo has adopted Yoga as part of the curriculum. Students of grades Pre-Primary-4 participated in a Yoga session to improve posture, increase in lung capacity and in general aid in the development of a positive attitude and overall well-being.



External Exams:

The school conducted the National Astronomy and Science Olympiad on 2 December, 2019. Out of 55 students registered students, 49 attempted the test. NASO is a national level Olympiad that seeks to nurture scientific talent in youngsters. The International Math Olympiad was held in school on 5th December, 2019. 196 appeared for the exam.



Student Achievers

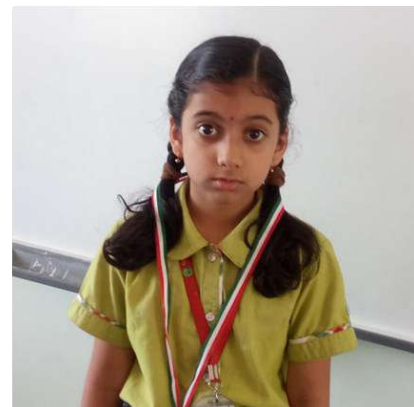
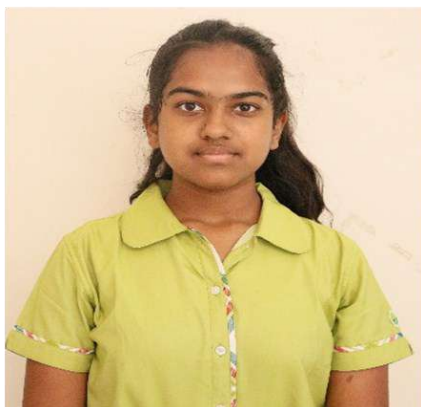
The Names of winners in the International General Knowledge Olympiad were declared. The winners of gold medals are Etansh Mishra of Grade 1A, Presly Bongala of Grade2B, Mullukuntla Venkat Sashreek of Grade 3C, Sri Prajwal Reddy T of Grade 4B, Kavya yadav of 5B and Sai RitwikKumar Priya darshi of Grade 6B.



Silver medal was bagged by Ritika swaminathan of and Krisha Mishra of Grade 3B, won the bronze medal.



In the International English Olympiad, Gold medals were won by Karthik Polavaram Gr1, Naga Nandita Cheela Gr 2, Manit Kunchala Gr3, Ilhaan Ahmed Baig Gr4, Ryan Majumdar Gr5, Vaishnavi Tripathi Gr6, Vibhor murti Gr7, Geetika Sreelaasya Kappagantu Gr8 and Srujana Elicherla Gr9.



Priyal Agrawal Gr1, , Dhruv Garai Gr2, Aarav Abhijeet Khanapure Gr3, Arnav Swapnil Gr4, Prakriti Priyadarshini Gr5, and Aadit Gandham from Gr6 secured the Silver medals.





Etansh Mishra Gr1, Mishka Agarwal Gr2, Krishna Mishra Gr3, N Lalitha Snigdha Gr4, Bujala Lakshmi Tanvi Reddy Gr5, Sai Vara Amruth Ananthula Gr6 won Bronze medals



Tamanna Yadav ranked No1 in the District level championship organized by "VIDYARTHI VIGYAN Manthan" and has been selected attend the State level Camp in Telangana. She is the one among 124 students selected from all over India, for this camp.



The benefits of spelling bees extend beyond language. Kids also develop self-confidence, communication and public speaking skills, and the ability to thrive under pressure. Kushal Venkat Dadi of grade 9 won the English Spell Bee contest conducted by Infosys, Hyderabad and bagged an Amazon Prize voucher for the same. Congratulations!



School Award:

The Ministry of Youth Affairs and Sports recently launched Fit India School Week to integrate Fitness as an essential part of School Education.

As part of the initiative, schools are ranked based on their fitness levels. The rating of the school depends on the importance given by the school for inculcating Fitness among students and teachers, in addition to the facilities available for Fitness.

We are proud to announce that our school, has received a 5 star rating and certificate of recognition for being a "Fit India" School, with permission to use the Fit India flag and logo in all its certificates.



Life Coaching for Teachers

As part of their professional development, few of our teachers attended a workshop on “The Road to Mental Wellbeing’ by Ms. Sandhya Chandrasekaran, life coach. The session focused on ways for teachers to cut down stress, overcome challenges and achieve work-life balance for a full and happy life.





It has been a year since the school newsletter was launched. As we helped our students and staff towards their goals, we too traversed many milestones- and we are truly glad that we could share the journey with you, one month at a time. Thank you for all the support and trust you have placed in us. This New Year, let us raise a cheer for the wonderful journey that was the year gone by, and look forward to all the exciting things that the coming year has in store for us.

Wishing you a happy and prosperous 2020!

Poetry

Story of Water

It was a dark cloudy day,
When the little droplet fell,
From the vast open sky
Into the mouth of a well.

As the sky lit up with lightning,
The droplet was scared to see,
The clouds clapping thunder
With utmost glee.

Then the clouds subsided
The sun shone over the field;
hoisted was the drop into a bucket
For man to wield.

As man emptied the water over the field,
The little droplet fled,
from the clutches of the soil
into the river bed.

Down the river, the droplet flowed.
Deep into sea, with a hat of foam.
After a life with changing tides,
The little drop was finally home.

-Arya Goyal, 10 A

How I motivated my friend to save water.

I'm a water crusader

My dear friend,

What about you?

Use water wisely,

Not unnecessarily.

I am a water crusader,

My dear friend, what about you?

A quick touch of water

Instead of a long shower,

Make every drop count,

Turn that leaky tap off,

Do it , even if you have to yell or shout!

Every day, every night, have a conversation

With friends about water conservation,

'cause it is important to note

My dear friend,

That water should be saved,

Or the world will be at an end.

One person can make a difference.

One drop can count.

I am a water crusader.

My dear friend,

Are you one too?

-Spoorthy, 8A

Be Water Wise

You wake up to a faint beep,
An important meeting to attend that day,
But you lose, and press snooze
And go back to you beauty sleep.
You wake up with a dry throat,
Not able sleep with thirst,
You fill your glass to the brim,
But only drink half of it, and the rest goes down the drain..

No thoughts, no regret.
During the cold weekend,
You plan to relax, with a shower nice and hot,
You let the water overflow,
Wasting litres with no second thought.

Men have conquered earth,
Made super computers,
Invented technology,
Changed myth to reality and fiction to fact,
But you need to be the change you want to see,
Gandhiji said once.

Read it twice.
We know we need to save,
We know we have to behave,
But do we care?

Save water now,
Be water wise.

There might come a day,
when there's no water in the world,
And when that happens, there'll be no life,
That's the day of Earth's demise!

So save water now,
Be water wise.

Poem on solar system

Have you ever wondered

How it all started ?

How it all happened ?

We cannot imagine

An end to time,

A limit to space

We know that the universe does not end with the milky way.

One day, all the matter in the universe will have decayed

Though I don't think we will make it by then,

And I don't know what day or year it will be by then

I guess it will be when the meteorites fly

And we all cry .

-Vaishnavi 6B

Poem On Venus

Venus doesn't listen well,

Forgets what other planets tell,

Counter-clockwise,

How we spin,

Said the others,

Jump right in!

But Venus stopped,

And spun clockwise,

The brightest object in night skies,

The second planet from the Sun,

Spins the other way for fun...

- Sai Ritwik 6B

KREEDOTSAV- A NOSTALGIC EXPERIENCE

The twenty-first of December marked the celebration of the annual sports day- Kreedotsav at the BHEL stadium. Sports events, along with a grand march-past and dances by students from all grades were held systematically from 4 to 6:30 PM. It was a matter of pride for all students watching the national flag, the school flag and the sports as they were being hoisted. After all the performances and sports events were over, the prize distribution took place. The rolling trophy was handed over to the Socrates house, which had scored the most points of all the other groups. The event ended with fireworks which were a treat to the eye. Overall, the event was a grand success.

Behind this success was a lot of dedication and hard work put up by the students, teachers and support staff. A lot of preparation went behind making this event memorable. During the preparation period, we got to know the importance of patience, cooperation and coordination. I would like to conclude that the experience of Kreedotsav was fun

-Pardhavesa (Grade 9B)

KREEDOTSAV 2019- A MEMORABLE SPORTS DAY

Kreedotsav 2019 was one of the most memorable days of my life. Right from the march-past to the displays and the sports events, especially helping out the younger kids, sorting and arranging them, it was all a fantastic learning experience. This was a lovely opportunity for me to meet lots of new people and I must say I came across so many wonderful ones. I thoroughly enjoyed all the practice sessions, although a few days were quite tiring, it made me understand that we must get past the hard times in order to achieve our goals. Such events are what help already existing bonds to strengthen and I can proudly say that I succeeded. It was overall a marvelous experience. Something that must be in the minds of all is to celebrate life and it couldn't have been portrayed any better! The spirit and happiness with which everyone conducted themselves was a great sight to see. Everybody was constantly cheerful and were a delight to interact with. It is a little hard on the heart to know that it ended with the blink of an eye. Nevertheless I get to live with these beautiful memories and I would love to re-live it once again

-Krishnasree (Grade 9B)

IN NEWSLINE



విద్యతోపాటు క్రీడాశక్తి ద్వారానే విజయాలు అందుకోగలం శేరిలింగంపల్లి, డిసెంబర్ 21 ప్రభాతవార్త : విద్యతో పాటు విద్యార్థులలో క్రీడలపై ఆశక్తిని పెంపొందించటం ద్వారానే వారిలో ఆత్మస్థైర్యం, మానసిక వికాసం పెరుగుతోందని వికాస్ విద్యాసంస్థల ఛైర్మన్ సురవనేని సర్వాజ్యలక్ష్మి అన్నారు. నల్లగండ్లలోని వికాస్ ఎపిస్టేమో విద్యాసంస్థల ఆధ్వర్యంలో విద్యార్థులకు ఎపిస్టేమో-వార్షిక క్రీడోత్సవం-2019-20 కార్యక్రమాలను ఘనంగా నిర్వహించారు. వివిధ క్రీడలలో రాష్ట్ర, జాతీయ స్థాయిలో పురస్కారాలను అందుకున్న విద్యార్థులు జ్యోతి ప్రజ్వలన చేసి క్రీడోత్సవాలను ప్రారంభించారు. ఈ కార్యక్రమానికి ముఖ్యఅతిథిగా విచ్చేసిన వికాస్ విద్యాసంస్థల ఛైర్మన్ సురవనేని సర్వాజ్య మాట్లాడుతూ విద్యార్థి దశ నుంచే క్రీడల వల్ల ఆశక్తిని పెంచుకునే విద్యార్థులు జీవితంలోని ఏదాటి అటాపోటులైనా తట్టుకుని విజయపథంలో నడిచేందుకు క్రీడలు దోహదం చేసాయన్నారు. అనంతరం ఆయా క్రీడల్లో గెలుపొందిన విద్యార్థులను, విద్యార్థులకు బహుమతులను ప్రధానం చేశారు. పలువురు విద్యార్థులు ప్రదర్శించిన సాంస్కృతిక ప్రదర్శనలు, అటామతులను అలరించాయి. ఈ కార్యక్రమంలో వికాస్ విద్యాసంస్థల డైరెక్టర్ పద్మ కొల్లి, నందకిశోర్, ఊపా, ప్రిన్సిపాల్ హేమ సురవనేని, పాఠశాల ఉపాధ్యాయ సిబ్బంది, విద్యార్థులను, విద్యార్థులు పాల్గొన్నారు.

