



**Epistemo**  
VIKAS LEADERSHIP SCHOOL

# Epistemo **Lemur's News**



## Message from Head of the School, Ms. Padma Kolli

Dear Parents,

*"Happiness is a by-product of character. In people who are developing a strong character, there is a dramatically higher level of Happiness than in those who live to chase after the next good time." -Pat Holt and Grace Kettermann, MD*

Being happy is closely linked with few habits such as regular exercise, eating healthy, meditating, connecting with people around us with a smile. Character traits such as self-control, caring about others, wisdom, courage, leadership, and honesty add to Happiness. Happiness and positivity can make a massive difference to our children's wellbeing and achievement.

There are a few ways to develop Happiness among our children and make it an integral part of their lives to have a fulfilling life. Following are a few ways.

### Finding JOY in everything

Help children find joy in day-to-day things such as sunrise, stars in the sky, getting a book of their favourite author, a phone call with grandparents, playing board games, a stroll in the park, and even working on their homework. Once children start enjoying these small things, they will never be bored and will not need any "big" thing to entertain them.

### Gratitude Journal

*"We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have." -- Frederick Keonig*

Maintain gratitude journal/jars for yourself and your children, every day along with your child you can write down ten things that they and you are grateful about.

Cultivating a habit of Gratitude journal stops children from focusing on negative thoughts. Consciously developing this habit makes children happier.

### Laughing, smiling

An old saying, "Laughter is the best medicine" has never been old enough to become outdated. The more we laugh, the happier we are as the body releases the feel-good hormones and reduce stress hormones. You can read a funny story, watch a funny video with your children and have a hearty laugh. Make it a habit to smile and greet people around us, as smiling makes us happy and uplifts those around us.

### Be more sociable

*"A connected childhood is a key to happiness," says Edward Hallowell, M.D., a child psychiatrist and author of The Childhood Roots of Adult Happiness*

Social and family bonding with parents, grandparents, family members, extended family members, friends, neighbours, teachers, and pets promotes the child's emotional wellbeing. Such children develop a very positive feeling of being loved, cared, and understood.

### Encouraging acts of kindness

Acts of kindness also contribute to Happiness. These acts don't have to be Himalayan tasks. They can be as small as just making a cup of tea to the guest. Encourage children to be a contributor to society and bring positive changes to the society around us.

As parents, we have to find ways for our children to make a positive difference in the lives of people around them so they can enjoy and learn from this experience.

### **Encourage a growth mind-set**

It is essential to acknowledge the hard work and perseverance of the child. Rewarding efforts rather than outcome instills the value of hard work among children.

### **Self-management routine**

It is no secret that successful people are good at time management. This skill if put into practice right from childhood will result in a stress-free life. With time management in place, it is easy to teach healthy habits and manage all the activities without stress. Of course, if you want your child to work his/her routine well, you must get actively involved in his/her life.

### **Read together**

Reading is a life skill and not academic skill. So parents must read to their young children and help the older children in the task. This can be developed as reading before going to bed.

Parents remember Happiness can be taught, but as parents, we need to be happy first!!!

As parents, we may be the primary influence, but as parents, we need to remember that constant media messages play a significant role in our children's lives. Unfortunately, these messages are anything but positive. We need to learn to deal with such messages upfront not to get carried away.

***Now that 2020 is about to end and we are going to enter 2021, Let us all work together to Raise Happy Children, Happy Families, and Happy Communities and welcome 2021 with a lot of Happiness, Health, Peace and Prosperity.***

***Wish you all a very Happy New Year!***





## Achievement

Grade 7B **"Nityasri Govindu"** secured **"First Prize"** in the "International Western Instrumental" (Piano) Category Organised as part of **"EKTA DIWAS 2020"** (National Unity Day 2020) on "09-Nov-2020"



Grade 1 **"Vaani Bhargava"** secured **"First Prize"** under 5 -10 category in All India Dance Competition conducted in Ghaziabad.

This is Niwar Times Ghaziabad edition since the program organizers were based in Ghaziabad





## Achievement

**Grade 5B Ilhaan Ahmed Baig** Won 'Upcoming bowler trophy' as his team SSGF Combined District XI (U/14) were the winners of the School Premier League Junior State tournament.

**Grade 9B Akshat Saxena** Scored highest 31 runs for his team Leagla Cricket team to grab the second position in the School Premier League Junior State tournament.





## Achievement



**Champions:** SSGF Combined District XI, which won the School Premier League junior state tournament. •SPECIAL ARRANGEMENT

### Aakash helps Combined Dist.

**XI win trophy** WEDNESDAY, DECEMBER 30, 2020

HYDERABAD: Y. Aakash cracked a century (111) to help SSGF Combined District XI record a thumping 154-run win over SSGF Ranga Reddy in the final of the seventh School Premier League junior state cricket tournament organised by School Sports and Games Federation (SSGF) at Quli Qutub Shah Stadium.

### The scores:

**Final:** SSGF Combined Dist. XI 416 in 49.3 overs (Y. Aakash 111, Pruthvi 63, Dharmik 52, Ansh 65, Chatruya 40, Sohail Shaik 35, Samridh 38, K. Sathvik 5/38, Ilhan Baig 3/38) bt SSGF Ranga Reddy Dist. 262 in 46.5 overs ( Suchir Choudhary 93, Vasu Dev 102, Ameer Shaik 4/18, S. Akash 4/26).

THE HINDU

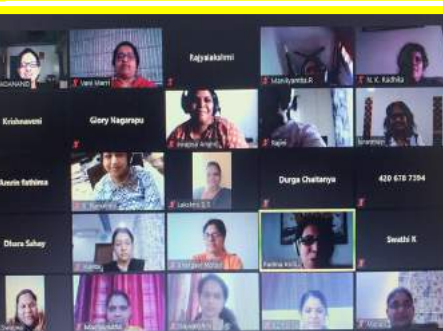
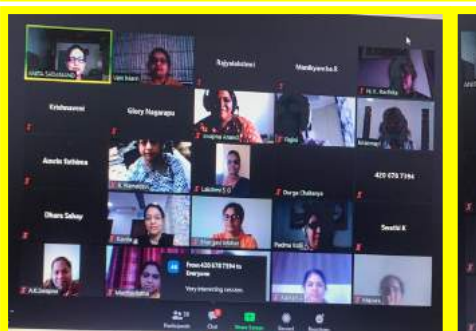
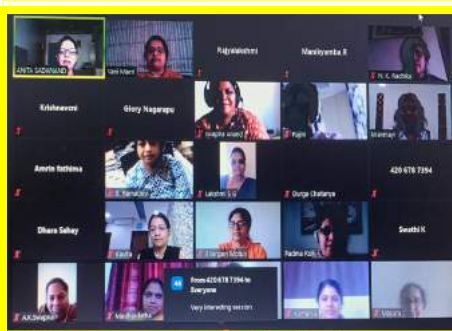
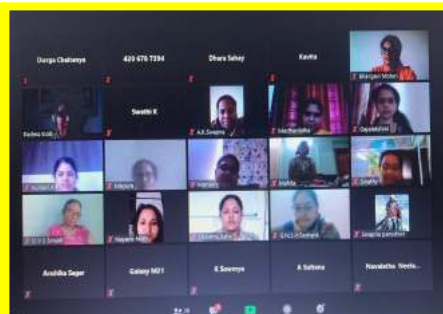
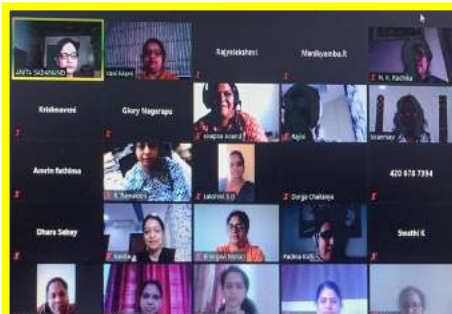


## Art Integrated Learning Work Shop

Epistemo organized an online workshop for teachers on art integrated learning (AIL) by **Ms. Anita Sadanand** on **19<sup>th</sup> December 2020**. This helped the educators to differentiate how art as curriculum, art integrated curriculum and art enhanced curriculum can be implemented in the teaching learning process where learners will be able to understand that art has various forms that can be learned through different subject strands.

This workshop was aimed to throw light on the fact that art integrated learning is a joyful journey that enhances deeper understanding of the concepts. It also improves self-esteem, increases curiosity, observation, exploration, creativity and develops collaboration.

The session was very interesting and quite informative. We learned that art integration in the subjects is not about pencil drawing and colors alone but art in the form of dance, song, movie, culinary, puppetry, embroidery, miming, drama and doll making etc can be culminated to make the learning more exciting and enjoyable.

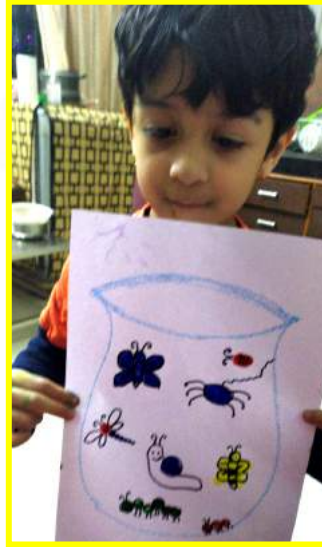




## PP's Activity based learning:

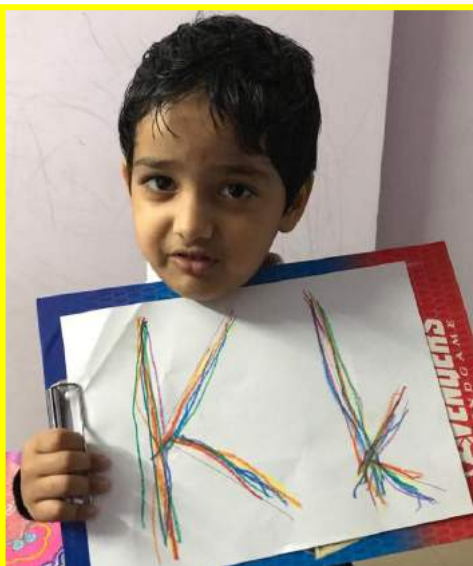
Learning is becoming more and more engaging and interactive in Epistemo. Lemurs are monitoring factors such as speech, coordination, social skills, and motor skills, amongst other key factors. As it boosts the development of the domains personality in them (physical, emotional, intellectual, psychological and spiritual.) learning is achieved through exploration experimentation and expression.

### *PP's Activity Based Learning*





## *PP's Activity Based Learning*





## *PP's Activity Based Learning*





## *PP's Activity Based Learning*





## PP's Activity Based Learning





## *PP's Activity Based Learning*







## *PP's Activity Based Learning*


**PP's Activity Based Learning Link:**

**<https://photos.app.goo.gl/82tniifG4Bu8HbkV6>**



## ***Pre-Primary - Show and Tell Winners***

 <b>SHOW &amp; TELL</b> 		
<b>NAME</b>	<b>CLASS</b>	<b>POSITION</b>
RUSHIVAN S	PP1	1st
AARNAVI PATWAL	PP1	2nd

 <b>SHOW &amp; TELL</b> 		
<b>NAME</b>	<b>CLASS</b>	<b>POSITION</b>
ANAYA JAIN	PP2	1st
SHLOK NAIR	PP2	1st
AYRAH ZYNAB SHAIK	PP2	2nd
LITESH Y	PP2	3rd

## PP's - "Brown Day" and "World Animal Day"

### "Brown Day" and "World Animal Day" Link:

<https://photos.app.goo.gl/qA8wPfrKymUmhGWV9>

### Brown Day

December 19th 2020, Pre-primary learners celebrated Brown Day along with Animal Day. Brown Day was celebrated to introduce students to the values associated with the colour Brown. Brown is the colour of earth, wood and stones. Brown also deals with Animal kingdom.

As part of the celebrations, children dressed in the colour brown. They enjoyed singing songs, dancing and participated in talking about animals and their importance. Kids also brought their favourite toy and spoke about it. It was an enjoyable day.





*PP's - "Brown Day" and "World Animal Day"*





## *PP's Christmas Celebrations*



### **Christmas Celebrations**

Christmas is the festival which inspires the spirit of caring, sharing, joy and hope. Soaked in the spirit of Christmas Pre-primary lemurs celebrated the festival with enthusiasm on December 24, 2020. The teachers have planned the celebrations by dressing up as Santa and singing carols, explaining the significance of the festival through the Christmas story and made delicious banana chocolate shake...

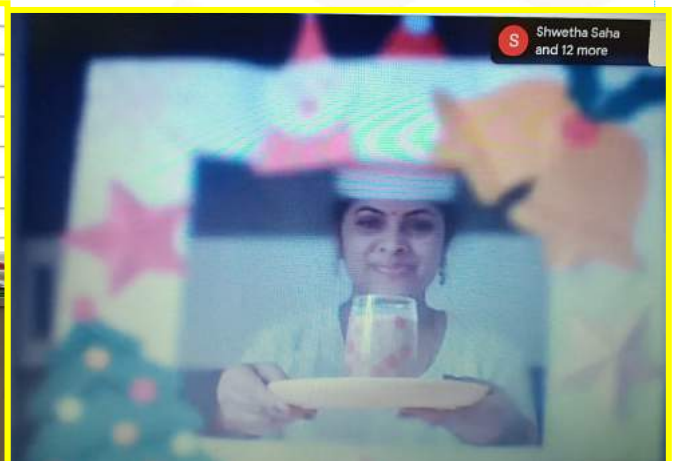
The boundless joy of celebrating this festival was visible on the faces of all the children as they too dressed up for the occasion.







## PP's Christmas Celebrations





## ONLINE CLASSES

### Science

Grade 1 children had a lot of fun in doing this hands-on activity on Seed Germination, which enabled them to learn the concept very well.

#### I. Science-Seed germination Grade 1



While learning about various kinds of Rocks Grade 2 children enjoyed doing this fossil activity using play dough as part of their learning.

#### II. Picture of science Grade 2 Fossil activity





## ONLINE CLASSES

### Science

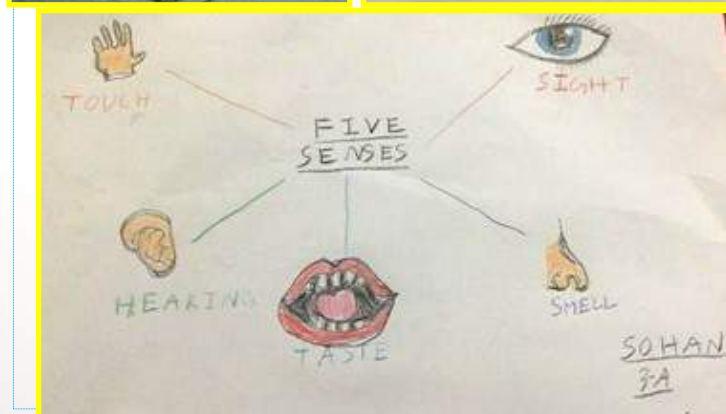
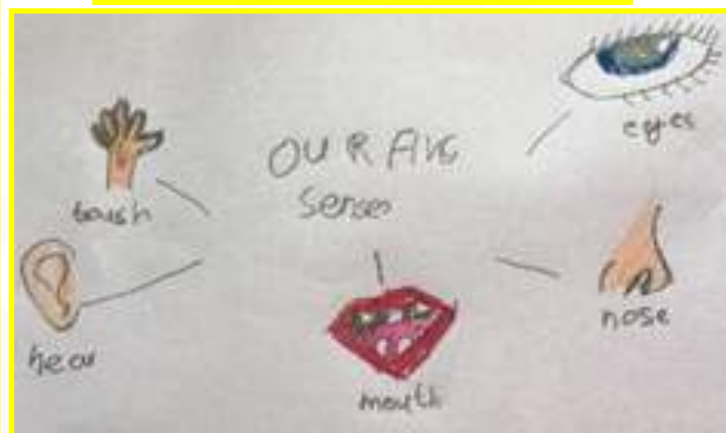
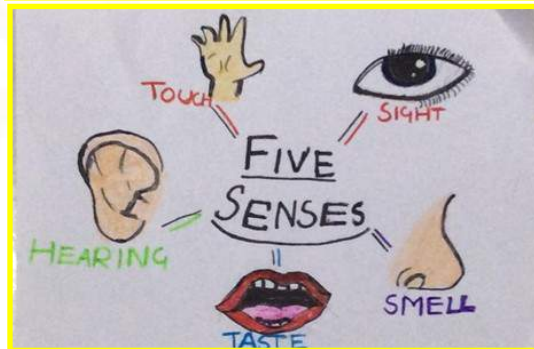
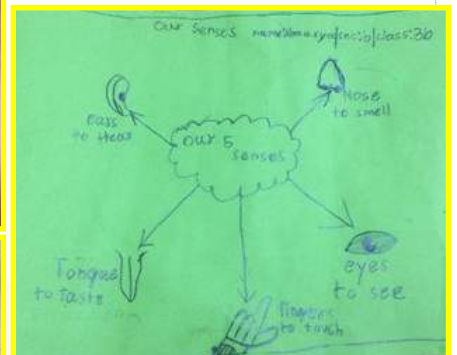
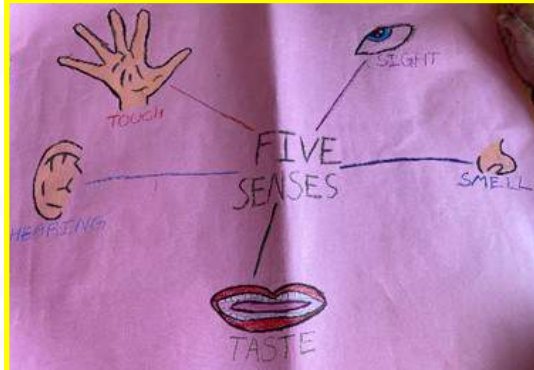
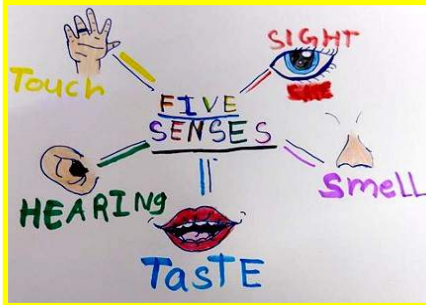
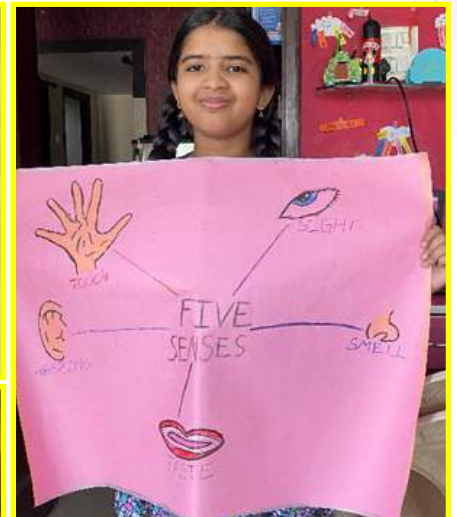
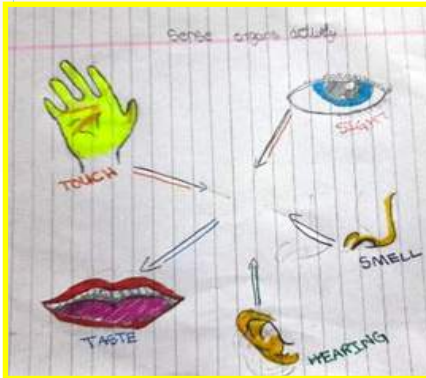
Grade 3 Lemurs have made five senses posters and presented it to the class and spoke about which organ is responsible for that particular sense and also in what ways it is helping us.





# Science

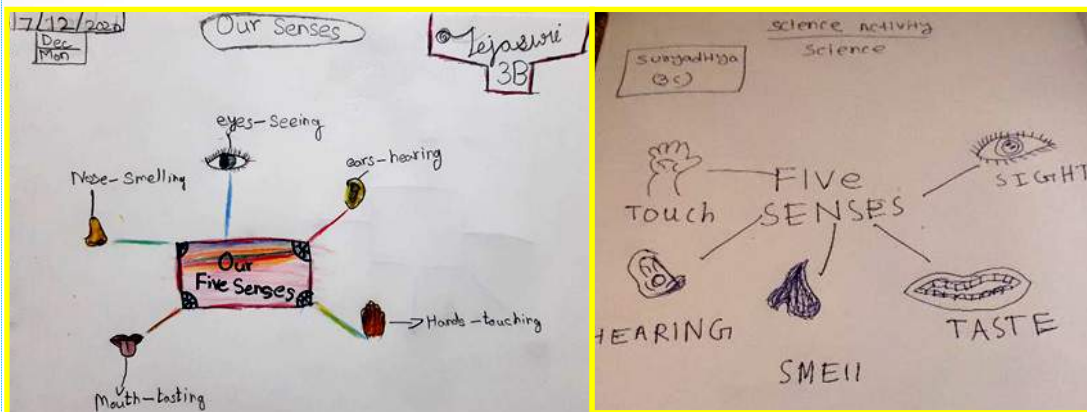
## Grade 3 Lemurs





## ONLINE CLASSES

### Science - Grade 3 Lemurs



#### Activity-2:

Grade 3 children had a hands-on experience where they bought different things and tried to taste, smell, touch and feel them and were able to identify the sense organ responsible for it.

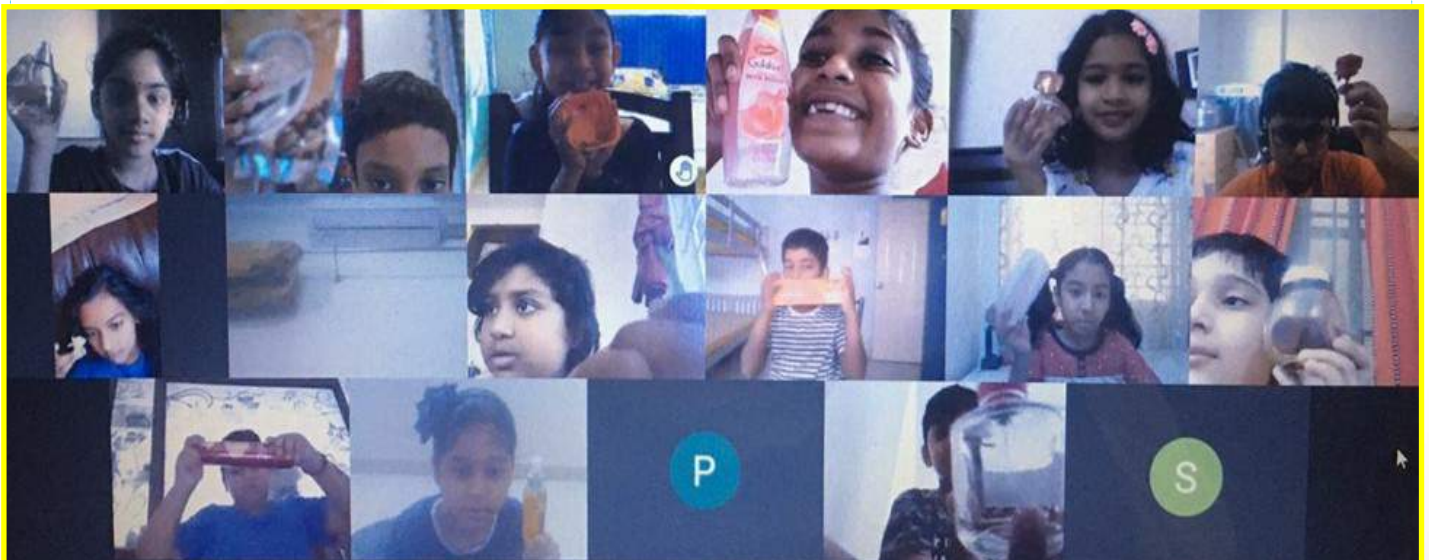




## ONLINE CLASSES

### Science - Grade 3 Lemurs

#### Activity-2:



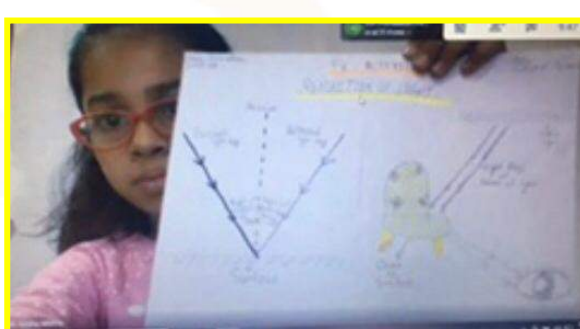
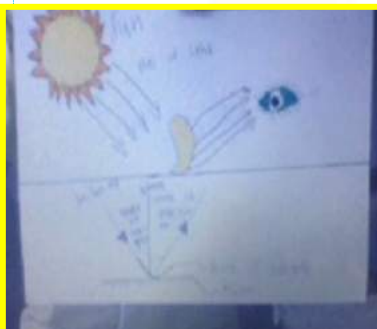
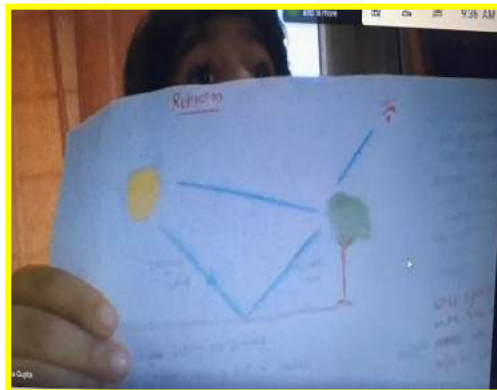
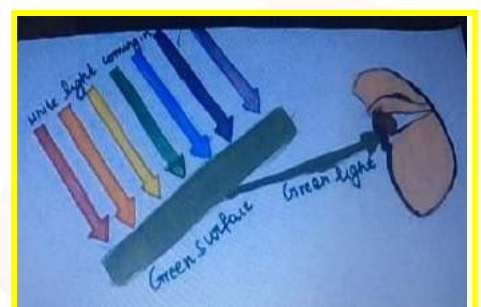
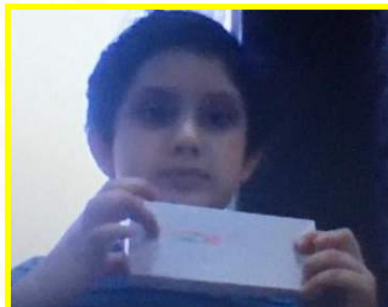
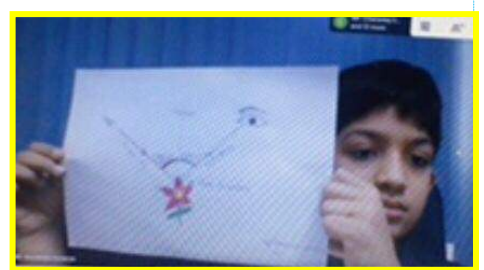
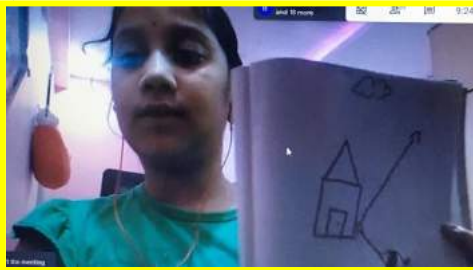


## ONLINE CLASSES

### Science - Grade 4 Lemurs

#### 1. Activity-1:

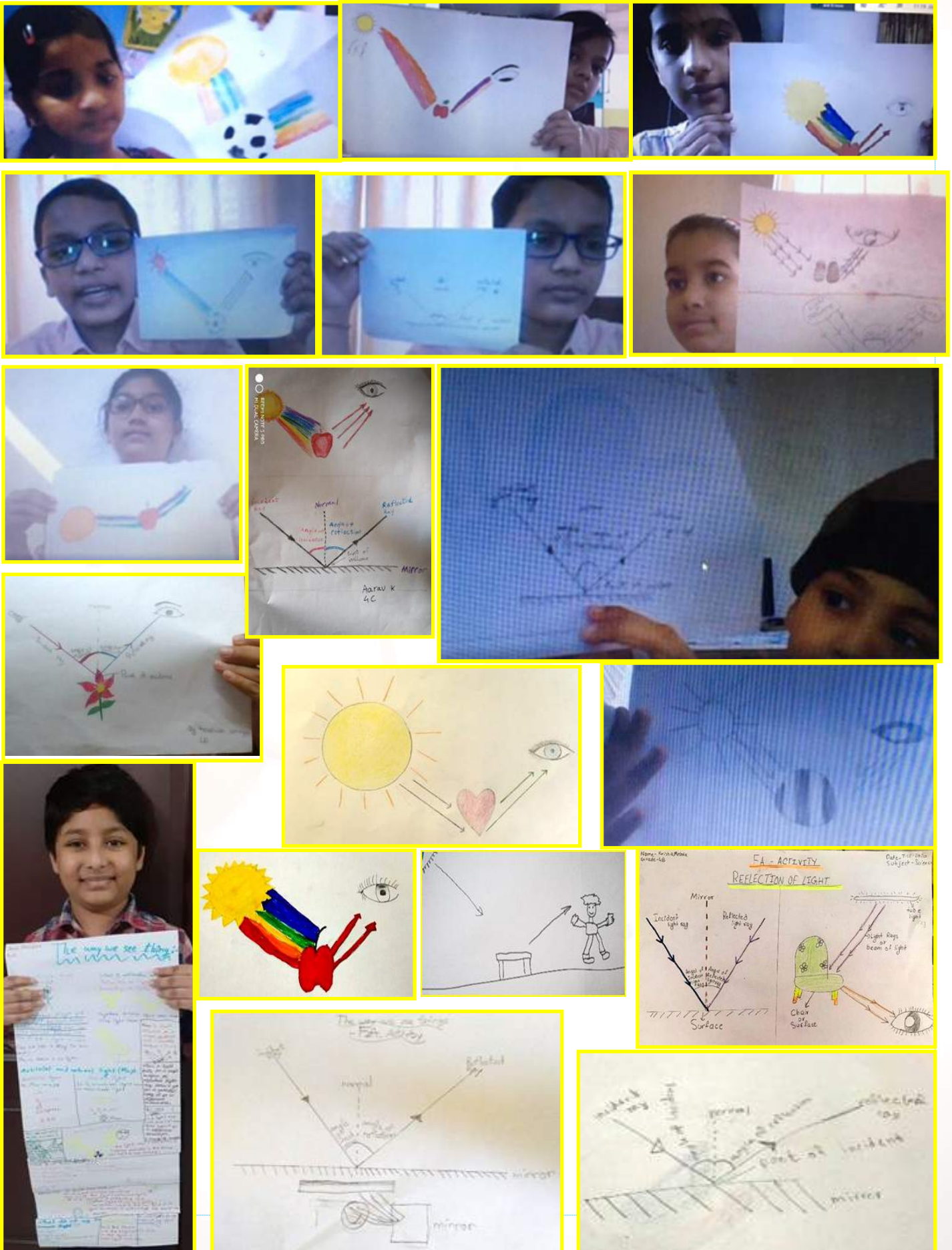
**Grade 4** children have made a poster on reflection of light rays, presented it to the class and spoke about how we are able to see things around us and what is reflection of light.



# ONLINE CLASSES

## Science - Grade 4 Lemurs

### 1. Activity-1





## Science - Grade 4 Lemurs

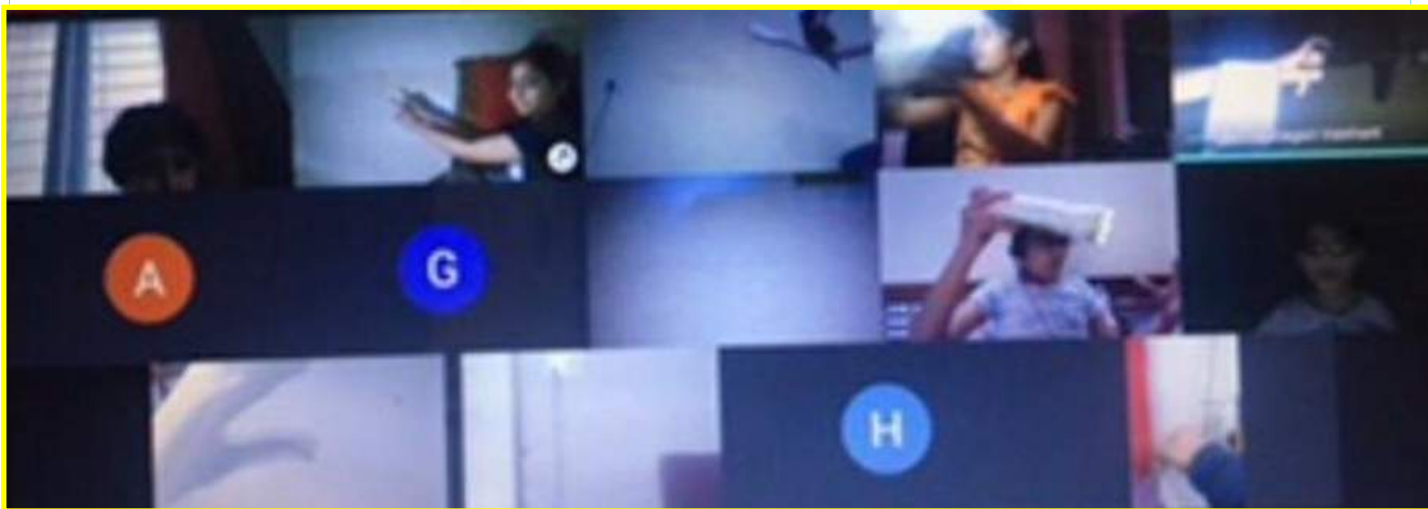
The collage consists of 25 individual images arranged in a grid-like fashion. The top row features several drawings: a rainbow reflecting off a soccer ball labeled 'Football' with an eye; a drawing of a person's face; a drawing of a person's face; a drawing of a person's face; a drawing of a person's face. The second row shows a drawing of a sun and a car, a drawing of a sun and a house, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person. The third row shows a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person. The fourth row shows a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person. The fifth row shows a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person. The sixth row shows a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person. The seventh row shows a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person. The eighth row shows a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person. The ninth row shows a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person. The tenth row shows a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person, a drawing of a sun and a person.

## ONLINE CLASSES

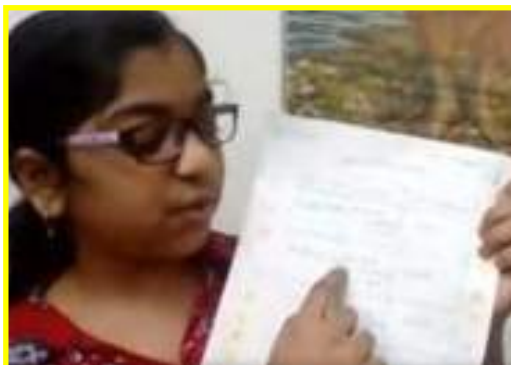
### Science - Grade 4 Lemurs

#### 2. Activity-2:

**Grade 4** children had a hand-on experience on forming shadows, they tried out different formation of shadows and learnt that the shadow is formed when light is blocked partially or totally.



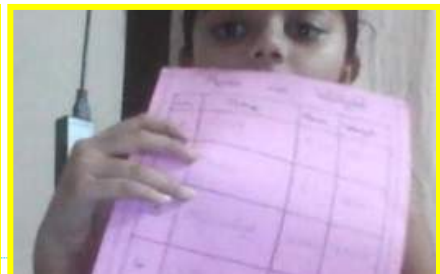
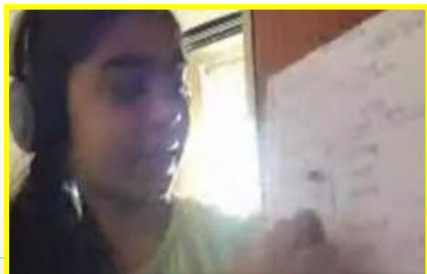
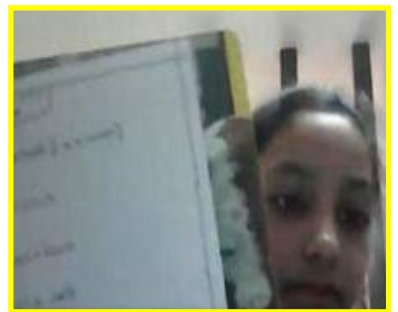
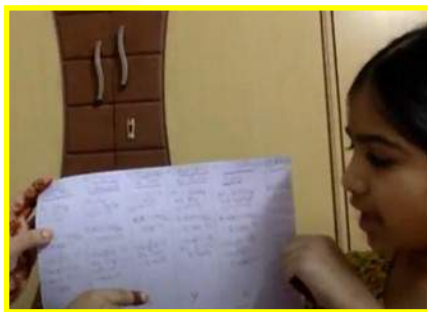
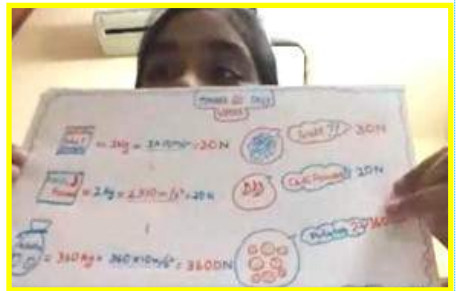
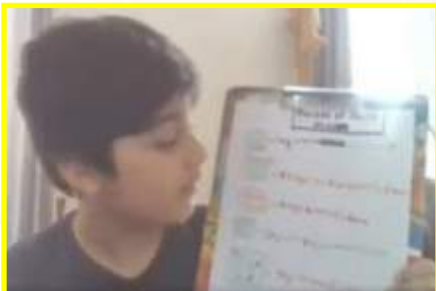
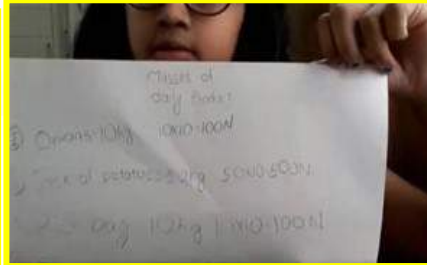
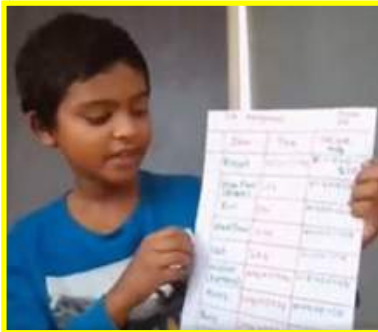
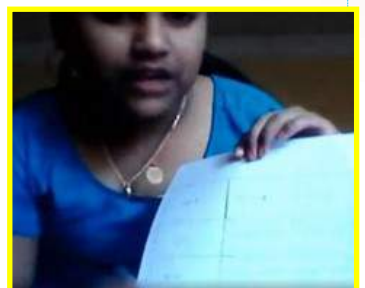
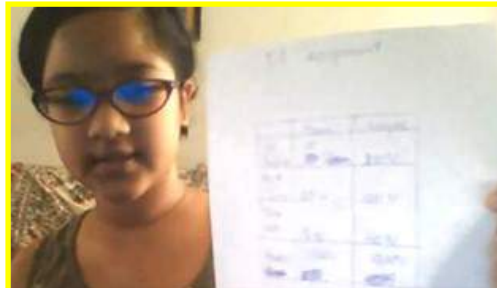
**Grade 5 Science**-The lemurs of grade 5 strengthened their understanding of the difference between mass and weight of an object by calculating the weight for the mass of certain packed objects at their home. They presented their work to the peers and also explained the difference and relation between the two towards formative assessment.





## ONLINE CLASSES

### Science - Grade 5 Lemurs



## National Mathematics Day

Without mathematics, there's nothing you can do. Everything around you is mathematics. Everything around you is numbers." – Shakuntala Devi

Every year, the country celebrates National Mathematics Day on December 22 to commemorate the birth anniversary of Mathematician Srinivasa Ramanujan.

Born in 1887 in Erode, Tamil Nadu, the story of Ramanujan's tryst with mathematics is one of the most engaging tales read, depicted and performed through various works of art. His life started with "the boy who asks WHY?" and ended at "The Man who knew infinity".

Numbers were his friends as much as he saw patterns in numbers and also numbers in patterns. It is said that during his school days, in a mathematics class on Division – when his teacher was explaining that a number divided by itself is always 1, this genius child asked the teacher if "zero divided by zero is also 1?"

We see mathematics as a life skill and expect our students to look at mathematics as a life skill just like swimming and cycling- If we acquire this skill once, we never forget it in this life. Also, we can play with this skill depending upon our creativity. Hence on this day, Epistemo kids kindle their creative side of mathematics by various activities which involved numbers, creativity, patterns and memory games.

On this day, we also wish that our Lemurs are blessed with the unmatched capacity to solve all the problems in math as well as in life. "Happy National Mathematics Day".

After discussing the importance of the day, **Grade 1 and 2 Lemurs** enjoyed playing online games related to the math concepts.

### Grade-1-National Mathematics Day





## Grade-1-National Mathematics Day



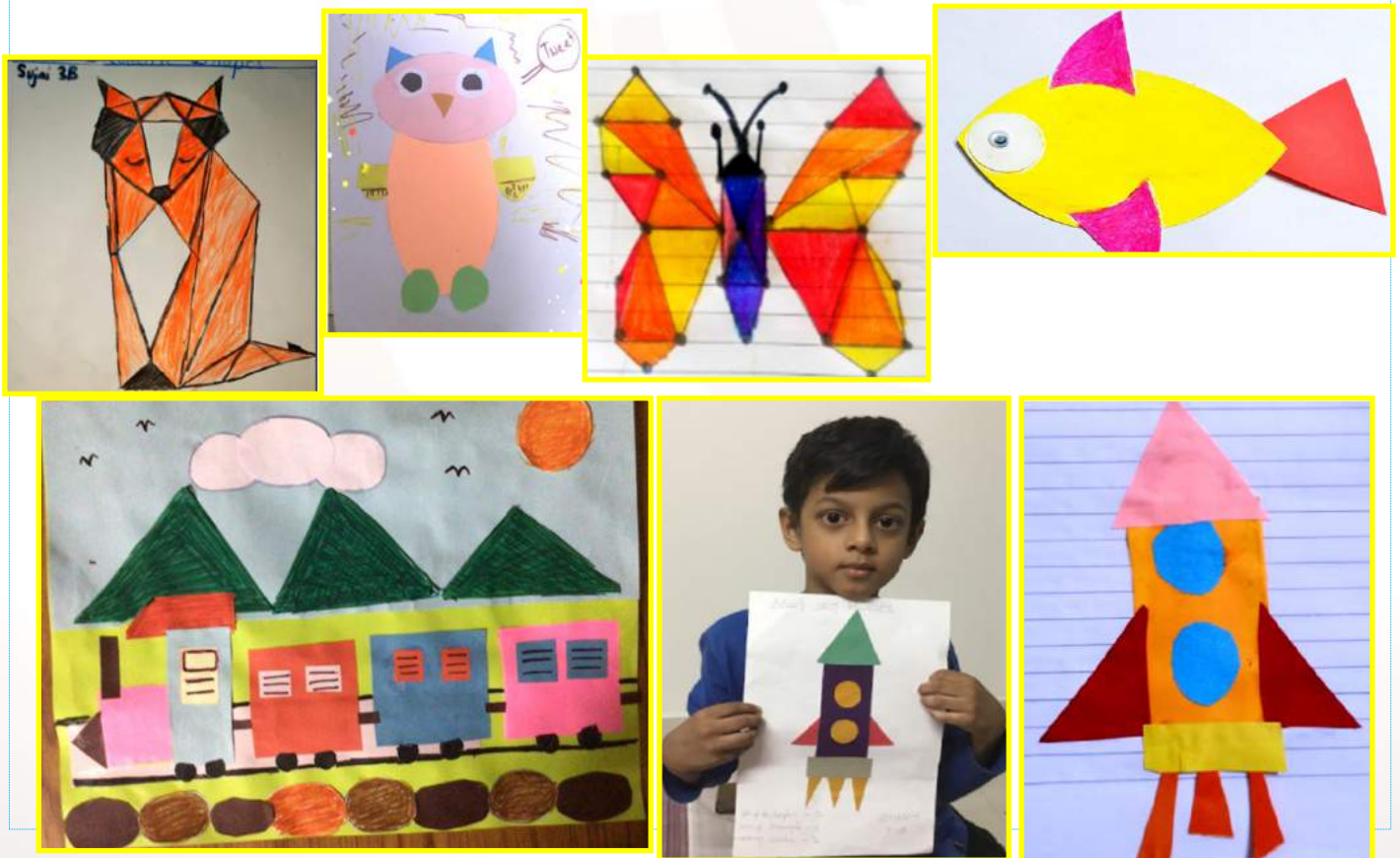


## Grade -2 National Mathematics Day



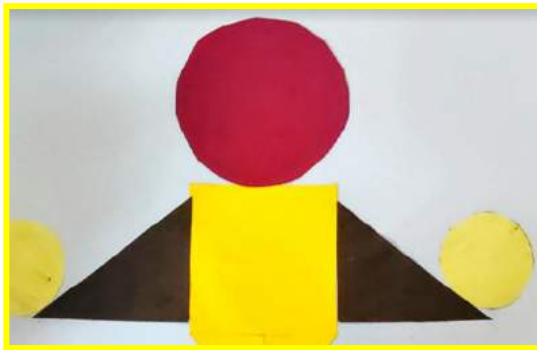
**Grade 3** students had fun in creating 2D shapes using different polygons. In this activity students created regular and irregular polygons using color papers. Later they created a shape using those polygons. Students now can confidently differentiate the 2D shapes, their sides and vertices.

**Grade 3** students had fun in creating 2D shapes





## Grade 3 students had fun in creating 2D shapes



**Grade 5** students Prepared PPTs and Jam board slides to present on the Topic – Fractions learnt in November. Apart from the conceptual part, it was observed that students could integrate computing skills in presenting the said topic.

Mixed fractions/ number :  
a mixed fraction has a whole number and a fraction

Mixed fraction

Whole number →  $2\frac{1}{3}$

Fraction ↙

Participants: 5A- Md Aasim, 5A- Hrishav Saha, 5A- Ananya Vanshika

Mixed fraction converting to improper fraction

$2\frac{3}{5} = 15/6$

$2 \times 6 = 12 + 3 = 15$  so the fraction is  $15/6$

Participants: 5B- Nihal Reddy, and others in a grid.

Grade 5 students Prepared PPTs and Jam board slides to present on the Topic – Fractions learnt in November.

## What is a Fraction ?

► A fraction is a part of a whole, it has two parts a numerator and a denominator .The Numerator shows how many parts we have .The denominator shows how many parts are divided into parts equally.

$$\frac{3}{5}$$

← numerator

← denominator



Numerator  
How many equal parts do you have?

$$\frac{3}{4}$$

Denominator

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Set background Clear frame

Open on a Jamboard

**How to convert mixed to improper fraction**

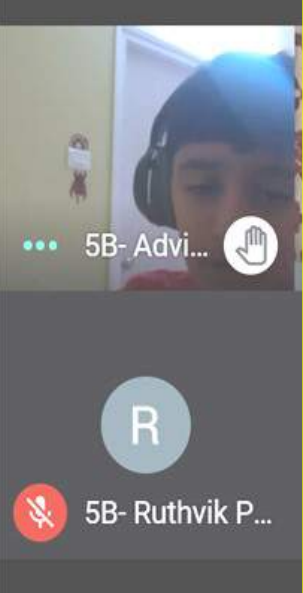
Whenever we want to get an improper fraction first we should multiply the whole number and denominator then we should add the numerator

Ex 1 :  $1\frac{1}{2}$  in improper form. So first we multiply  $2 \times 1$  it becomes 2 then we add 1 that makes it 3 so the fraction is  $\frac{3}{2}$

HOW?????????

when we want to get the mixed fraction we should divide the numerator by the denominator the remainder becomes the numerator and the divisor becomes the denominator and the quotient becomes the whole number

Ex 2 :  $\frac{8}{6}$  in mixed fraction we should divide the numerator by the denominator and we get the remainder as numerator and quotient as whole number and the divisor is the denominator so the

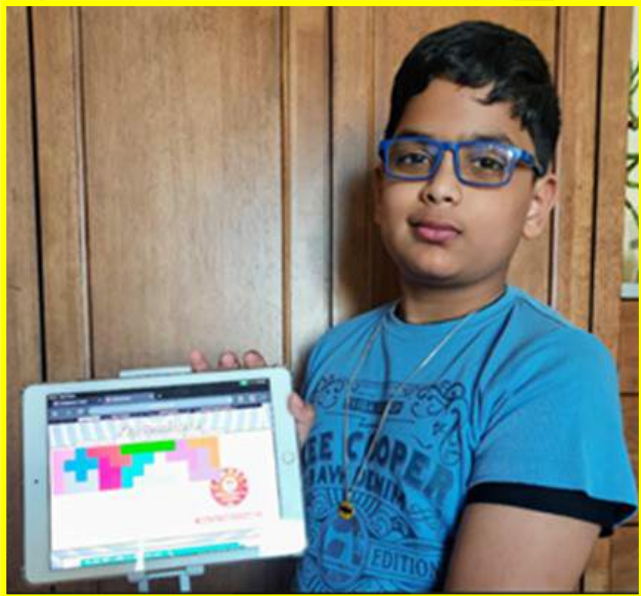
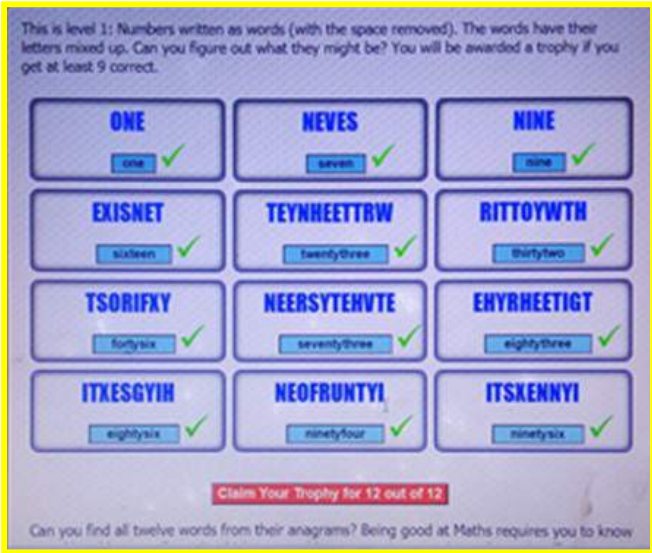




2 comments

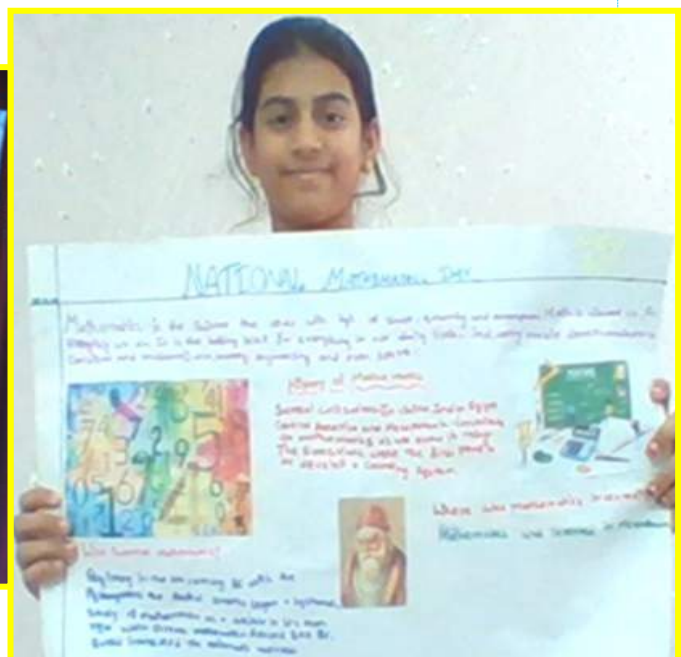
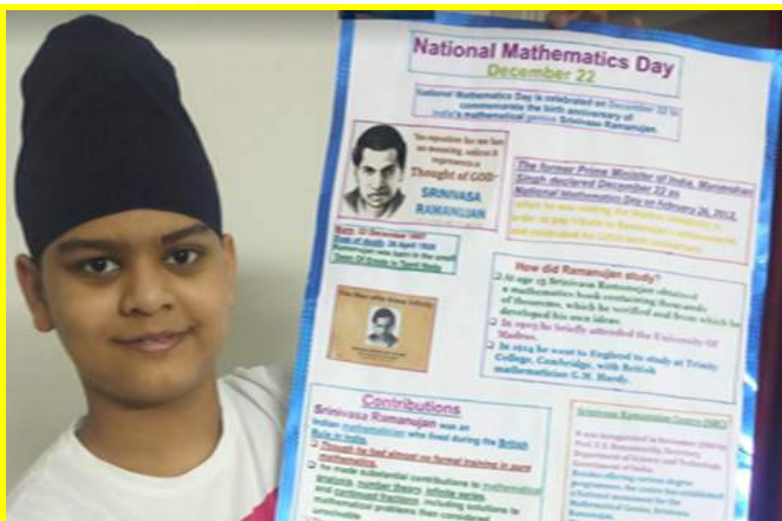
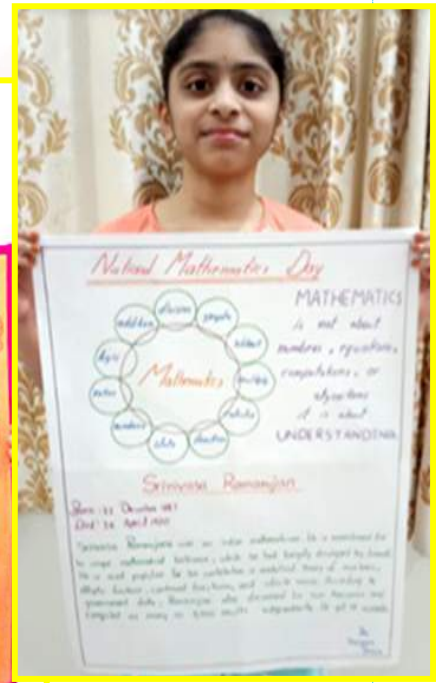
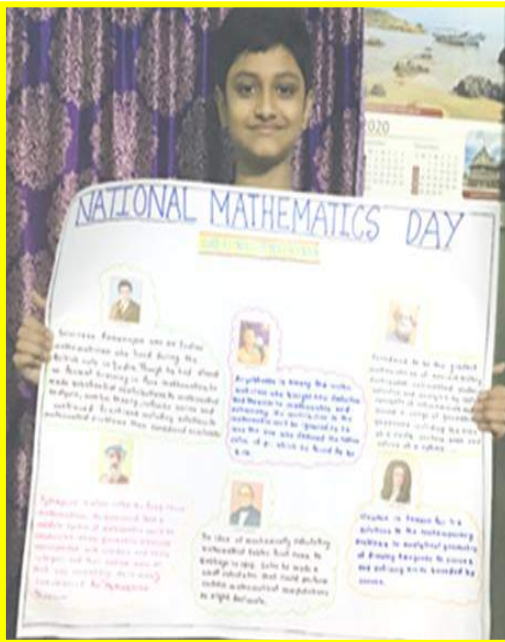
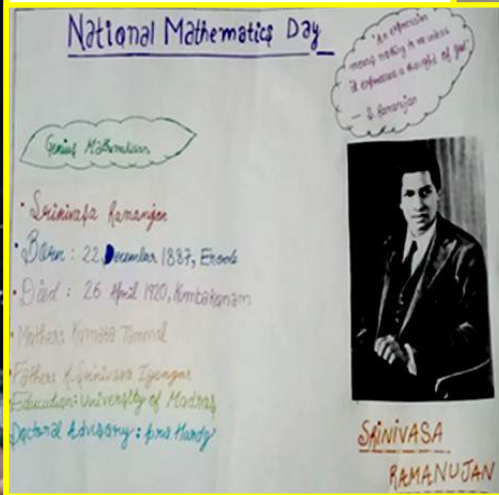
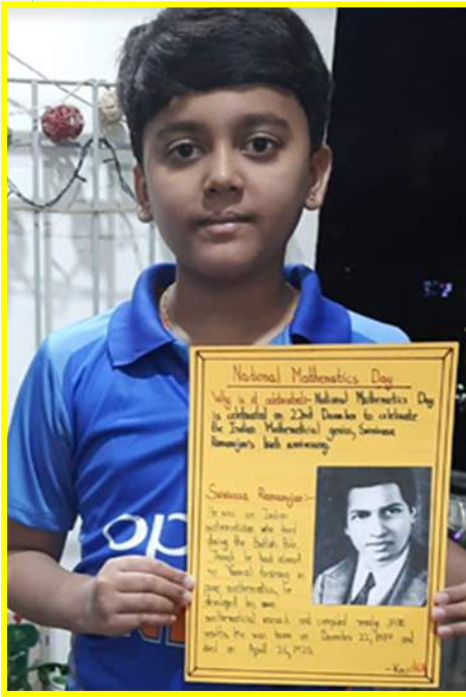


**Grade 5** students Prepared PPTs and Jam board slides to present on the Topic – Fractions learnt in November.



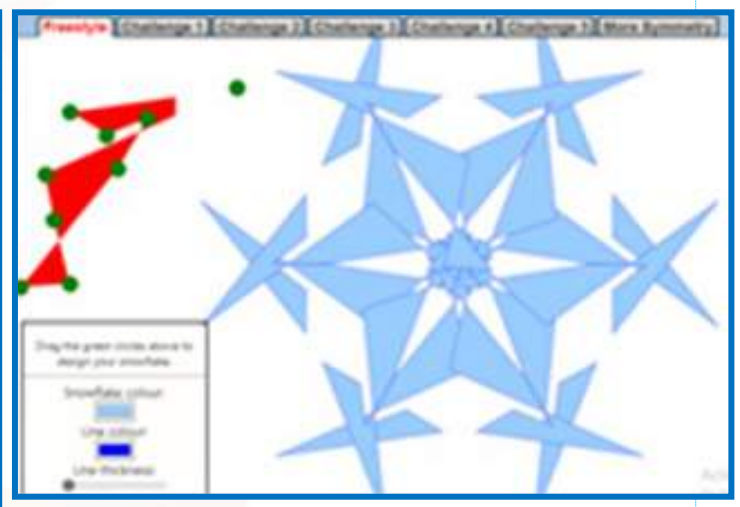
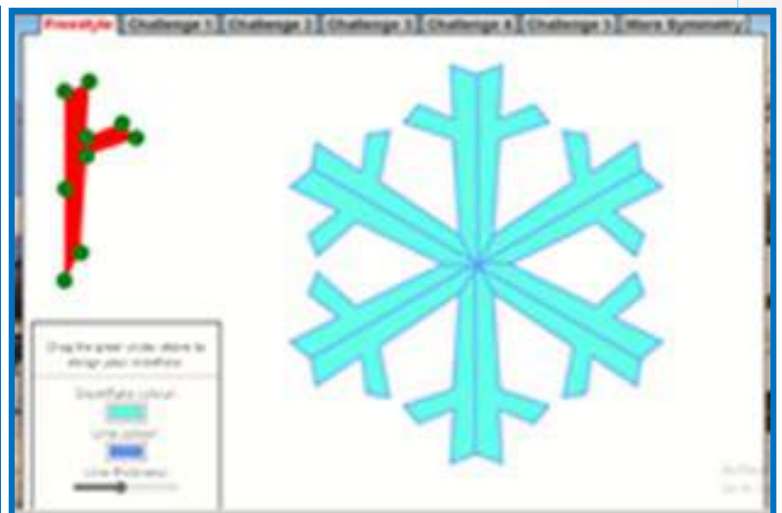
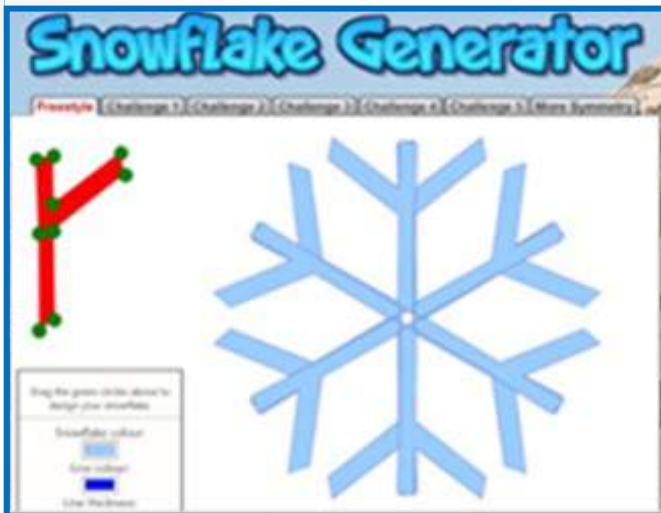


# Grade 6

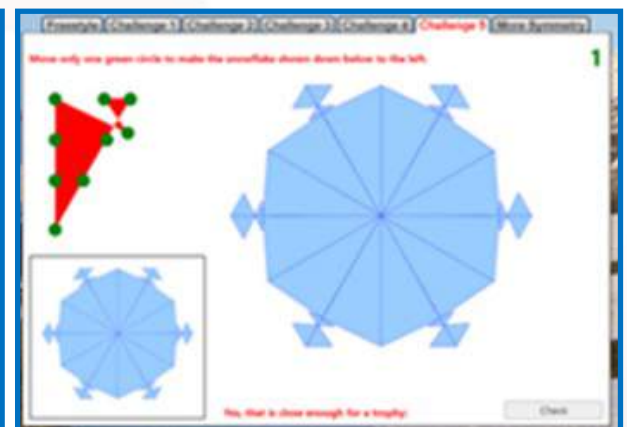
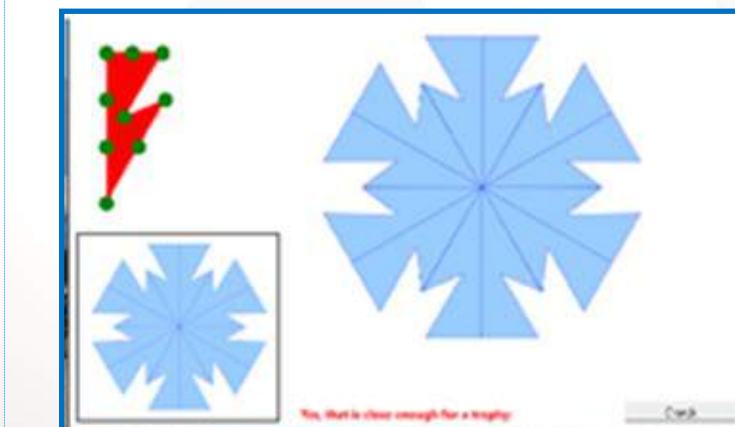
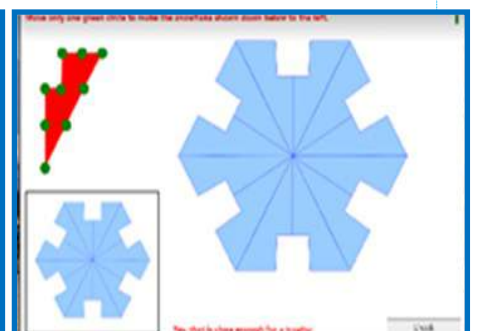
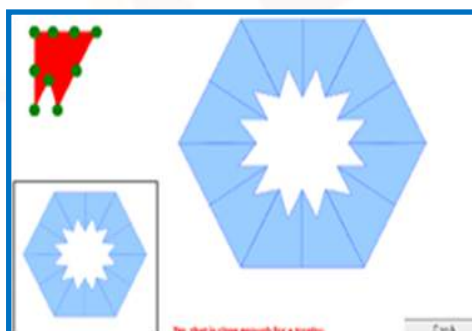
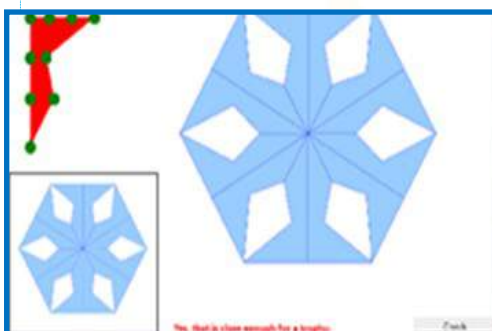




## Grade 8 & 9



### Challenge to recreate the snowflake



## Grade 8 & 9 Memory game



### An Elephant Never Forgets!

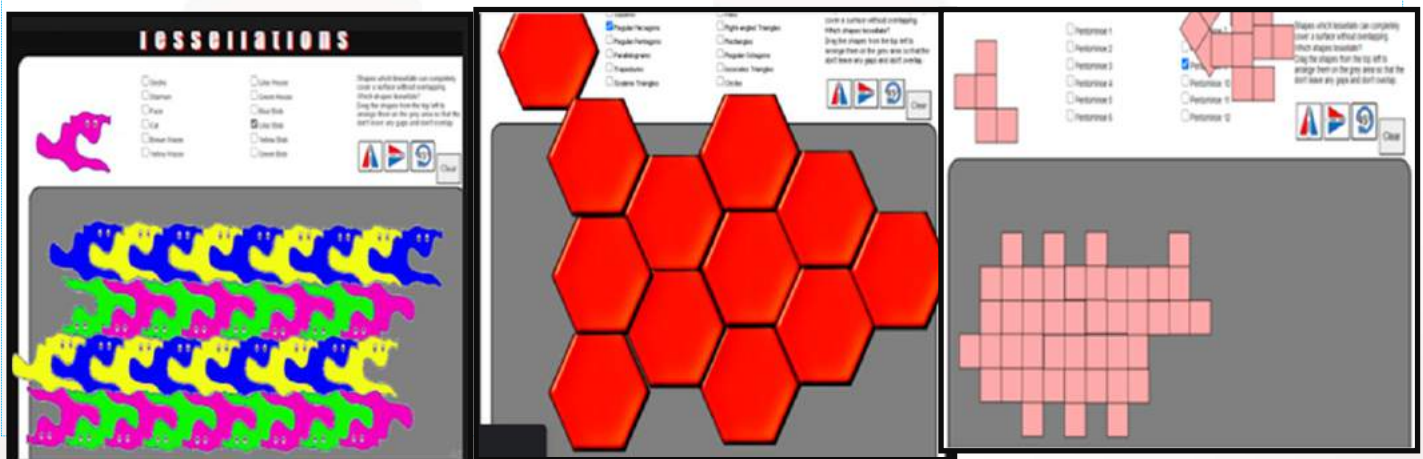
You will see ten statements. One by one they will disappear. Your challenge is to type out the statements as they go. You will only score a point if you are word perfect. Click 'Start' to begin.

Statement 1: <input type="text" value="There are 180 degrees in a triangle"/>	Statement 1: <input type="text" value="One half of nineteen is 9.5"/>
Statement 2: <input type="text" value=""/>	Statement 2: <input type="text" value="A heptagon has seven sides"/>
Statement 3: <input type="text" value="500g is half a kilogram"/>	Statement 3: <input type="text" value="Eleven squared is 121"/>
Statement 4: <input type="text" value=""/>	Statement 4: <input type="text" value="One kilogram is about 2.2 pounds"/>
Statement 5: <input type="text" value="The decagon has 10 sides"/>	Statement 5: <input type="text" value="The difference between 9 and 13 is 4"/>
Statement 6: <input type="text" value="The word forty has no 'u'"/>	Statement 6: <input type="text" value="A regular pentagon has five equal sides"/>
Statement 7: <input type="text" value="There are 168 hours in a week"/>	Statement 7: <input type="text" value="5 minus 7 equals -2"/>
Statement 8: <input type="text" value="There are 100cm in a metre"/>	Statement 8: <input type="text" value="A million is a thousand thousands"/>
Statement 9: <input type="text" value="A kite is a member of the quadrilateral family"/>	Statement 9: <input type="text" value="23 is a prime number"/>
Statement 10: <input type="text" value="One foot is twelve inches"/>	Statement 10: <input type="text" value="56 is a multiple of 7"/>

Check again

Claim Your Trophy for 10 out of 10

## Tessellations





## English

**Grade 3** students had an amazing day presenting facts on Haryana state as part of an Art integration project. They presented ppts, and charts depicting art, culture and varied heritage of Haryana. They even danced and sang songs on Haryanvi folk music.

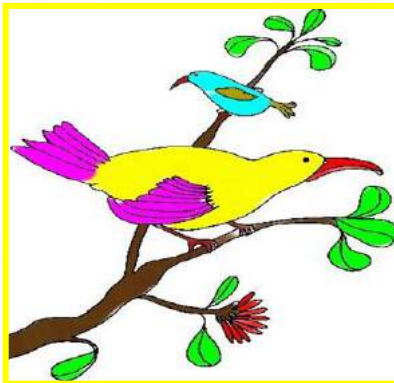
### Grade 3 Students PPT Link:

<https://photos.app.goo.gl/kLuetGv1PCwbEG9W7>



## Computer Science

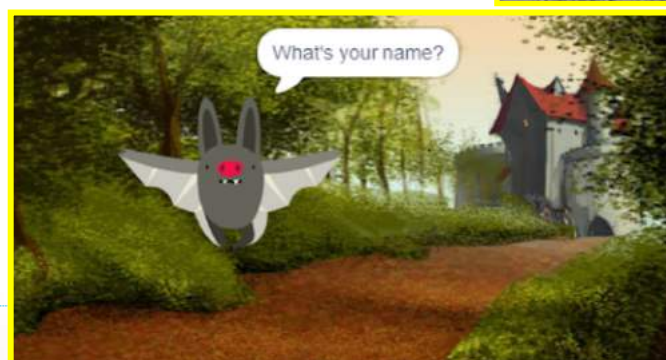
The young learners of **Grade 1** exhibited their creativity through colouring in the Magic Book Program.



## Grade 3 & 4

This is to bring abreast with the progress in Computers and Technology, we introduced Scratch to the students of Class III and the advanced version of Scratch to Class IV. It was a delight to behold that despite having online classes, these children have picked up the lessons well and most of them have exceeded our expectations.

Scratch is a basic animation software and children had great fun creating small animations. It is fun, educational and easy to learn a tool that helps in creating interactive stories, games, and art among others. The project of some of the students is mentioned below for you to see and appreciate their first venture into the field of animation.







## World Human Rights Day (10th December 2020)

### Human Rights Day 2020: Theme

The theme of Human Rights Day 2020 is **"Recover Better - Stand Up for Human Rights"**. The theme relates to the COVID-19 pandemic and focuses on the need to build back better by ensuring that Human Rights are central to recovery efforts as per the UN.

People across the globe celebrate World Human Rights Day on December 10th every year.

Initially, 10th December date was chosen to honor the General Assembly's Proclamation of UDHR also known as the universal declaration of human rights on December 10th, 1948. Remarkably, this was the first global proclamation of human rights and one of the major steps and achievements of the United Nations.

The first celebration of Human Rights Day was held in the year 1950. Back then, the assembly passed the resolution 423(V) and invited all states and organizations to adopt 10th December as International Human Rights Day.

We celebrate 10th December as Human Rights Day every year to let people know and push forward their rights no matter where they live in the world. Human rights are our most fundamental rights as human beings. These rights include our right to live, good health, freedom of thought and speech, education and equal rights and status.

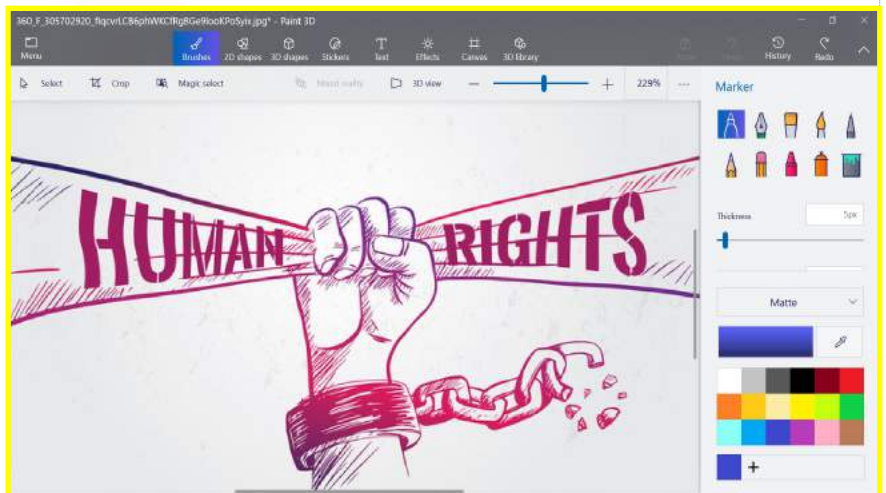
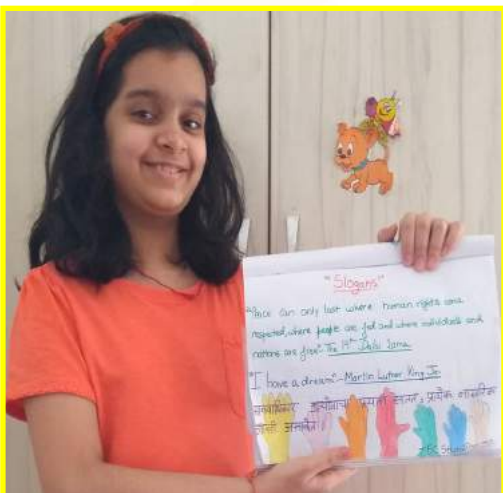
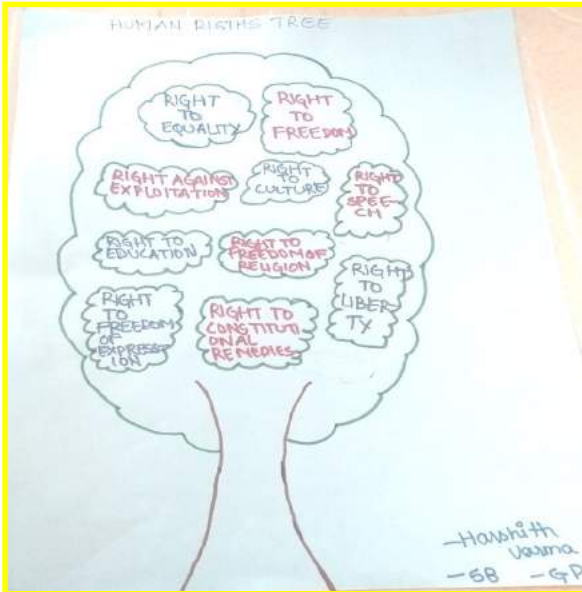
Moreover, we celebrate Human Rights Day to remind ourselves that despite any sort of situation, there are still human rights violated. Also, we celebrate Human Rights Day to realize that we can still promote and safeguard our rights.

In Epistemo, we celebrated Human Rights Week from 7<sup>th</sup> to 12<sup>th</sup> December 2020.

The significance of the day was explained to the students in the class. Various activities like Poster Making, Collage Making, Slogan Writing, Painting, etc., was conducted in the class. Students actively participated in the classroom.

# Human Rights Day 2020: Theme

## Grade 5





## Human Rights Day 2020: Theme

### "Slogans"

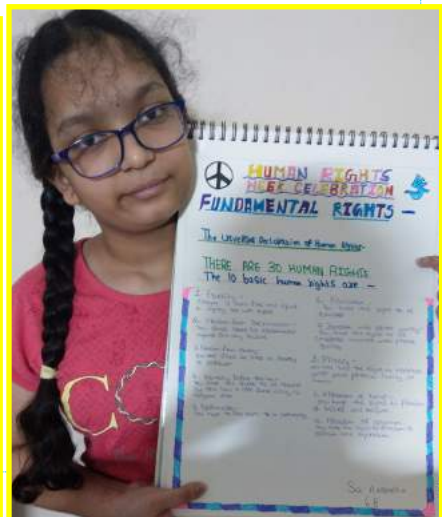
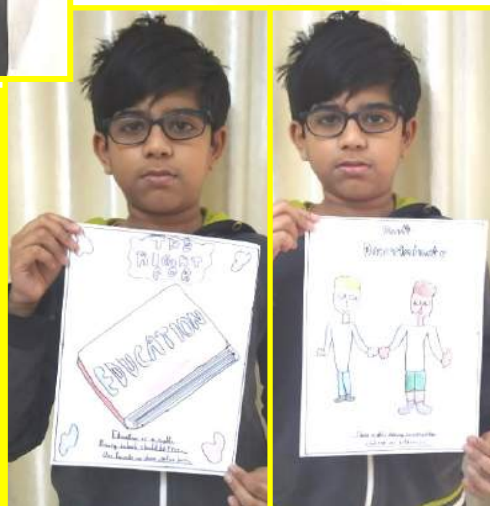
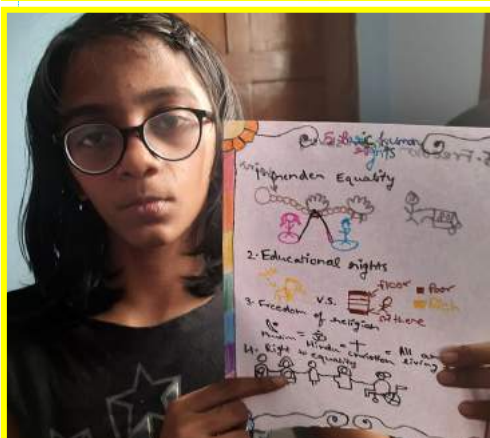
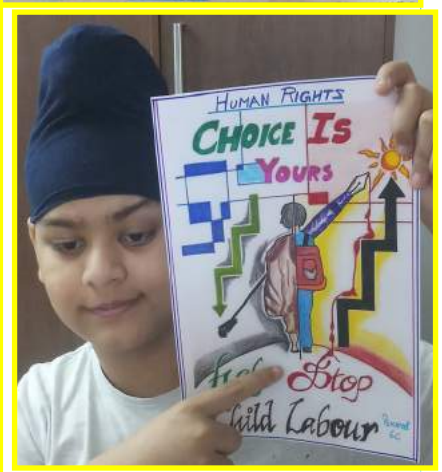
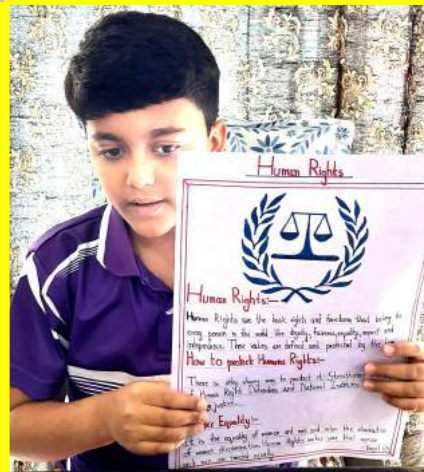
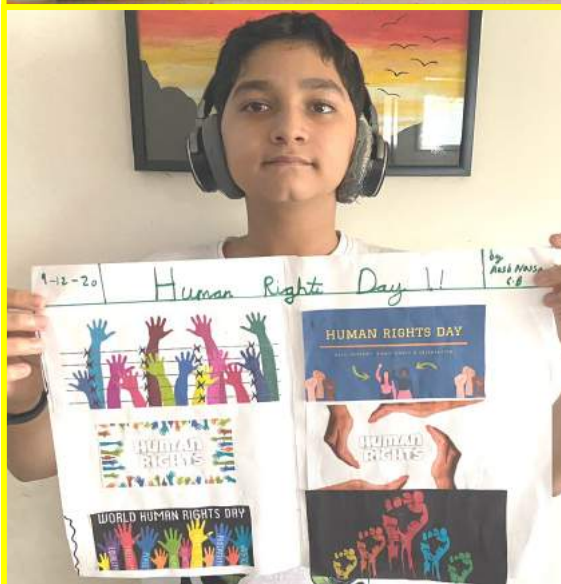
"Peace can only last where human rights are respected, where people are fed and where individuals and nations are free" - The 14<sup>th</sup> Dalai Lama

"I have a dream." - Martin Luther King Jr.

मानवाधिकार कार्योमाचा प्रयत्न सतत, प्रत्येक नागरिक  
उपावदी असोवत ।



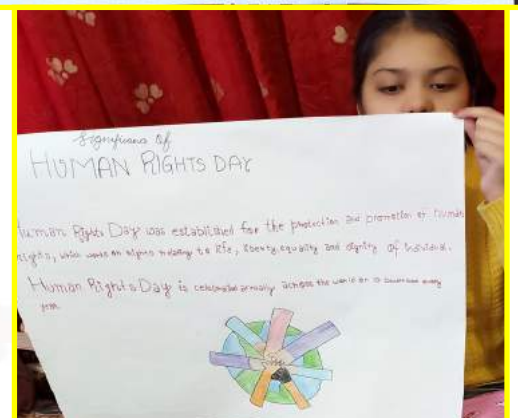
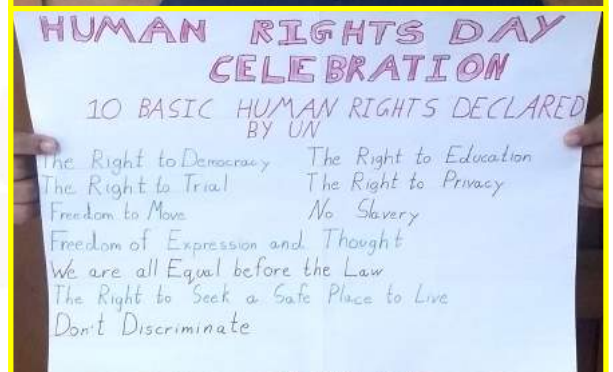
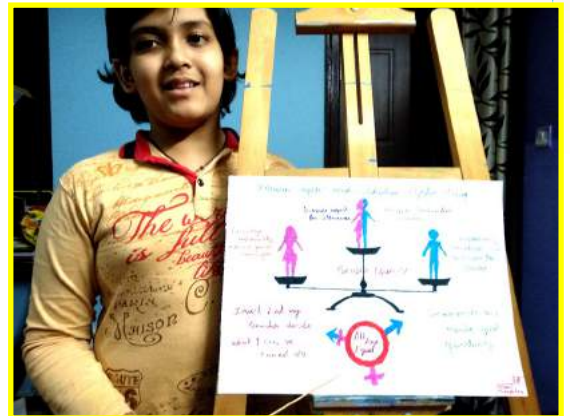
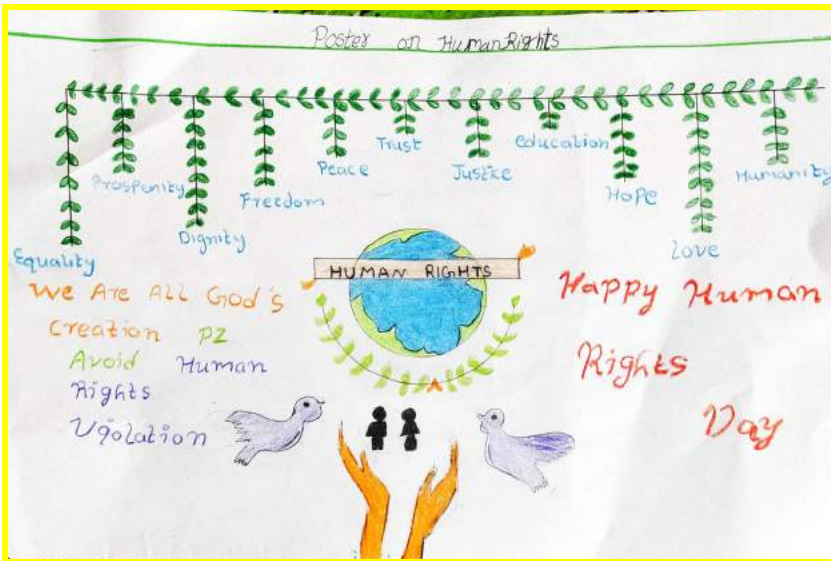
- 5C Stuti Sharma





# Human Rights Day 2020: Theme

## Grade 6



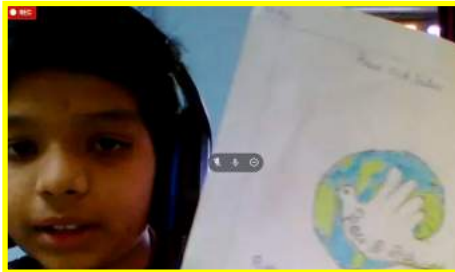


# Human Rights Day 2020: Theme

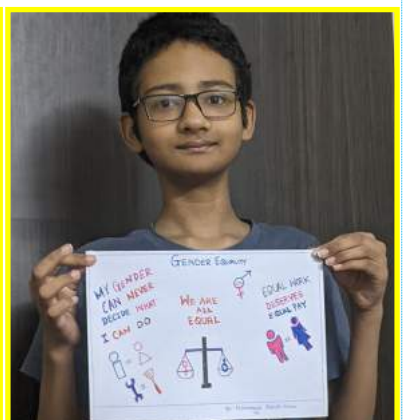
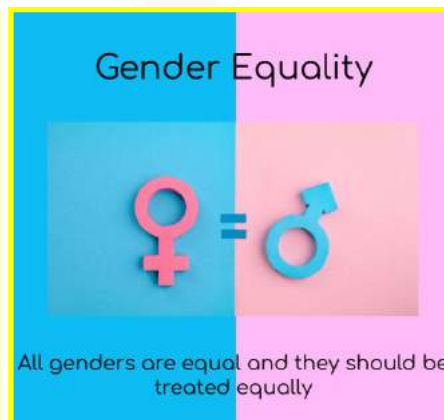
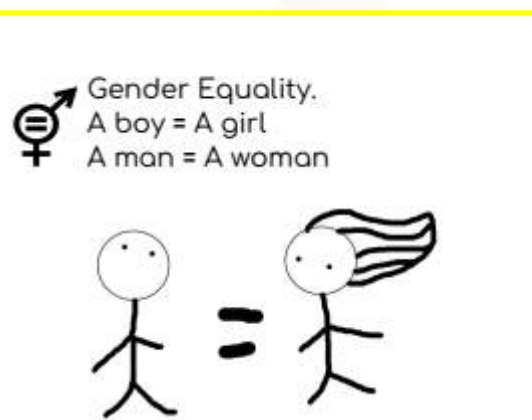
## Grade 6



Why Human Rights are important?

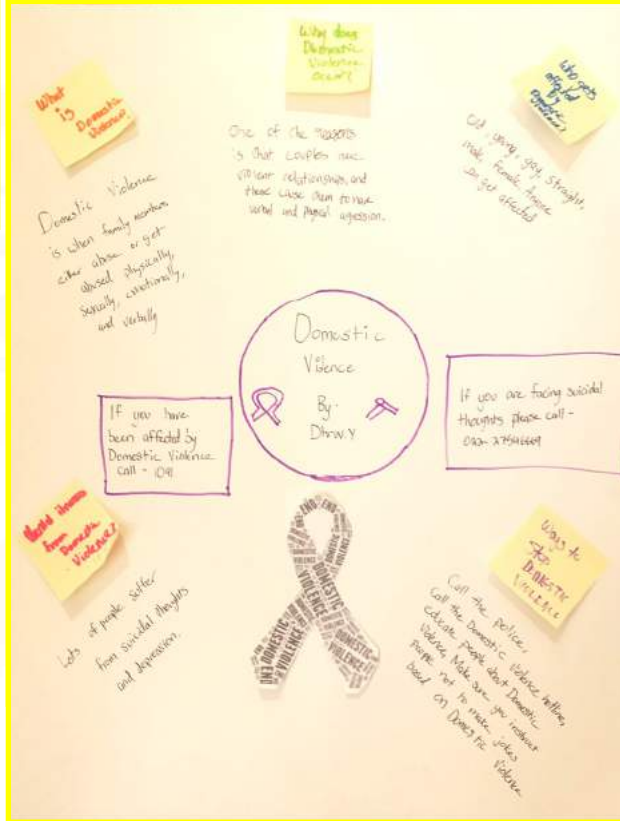
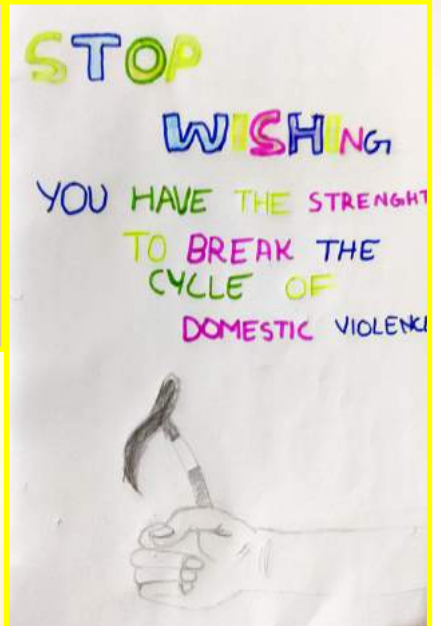
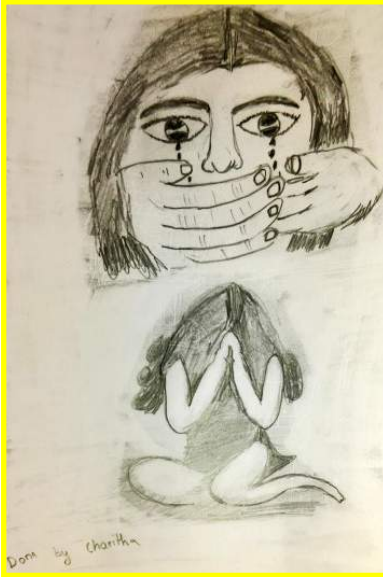


## Grade 7



# Human Rights Day 2020: Theme

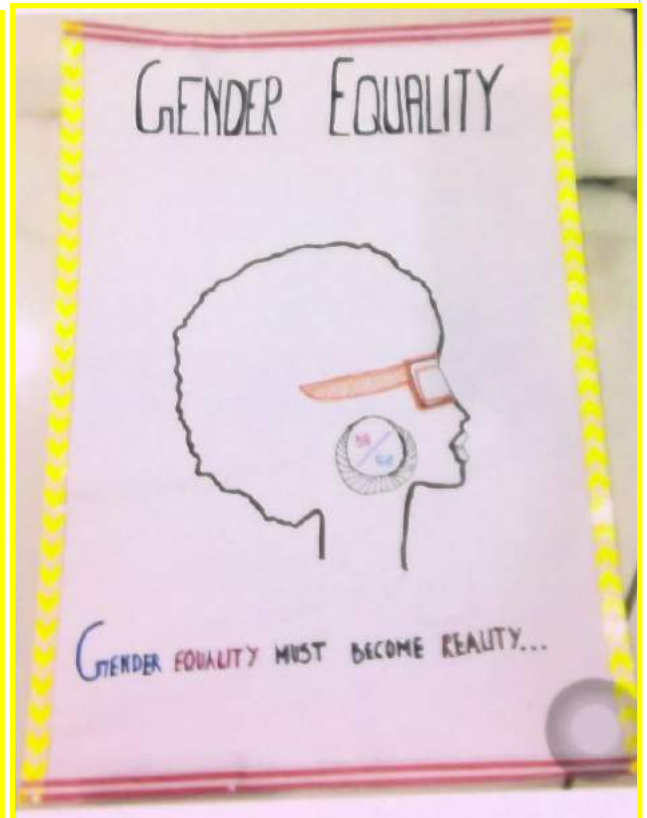
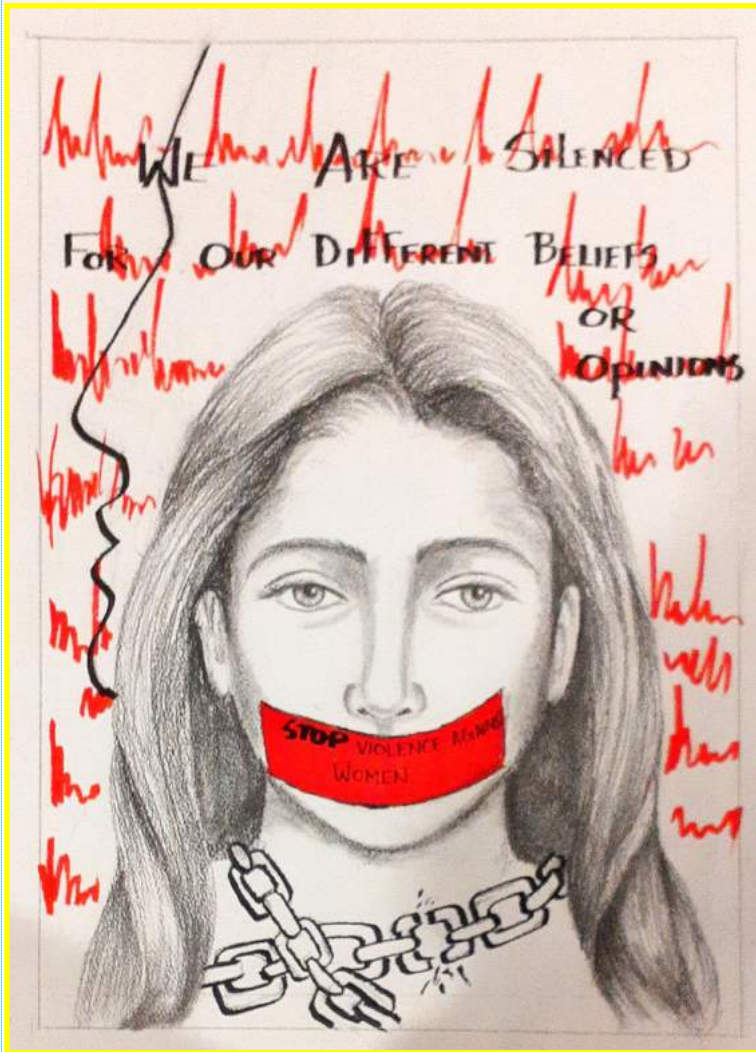
## Grade 7



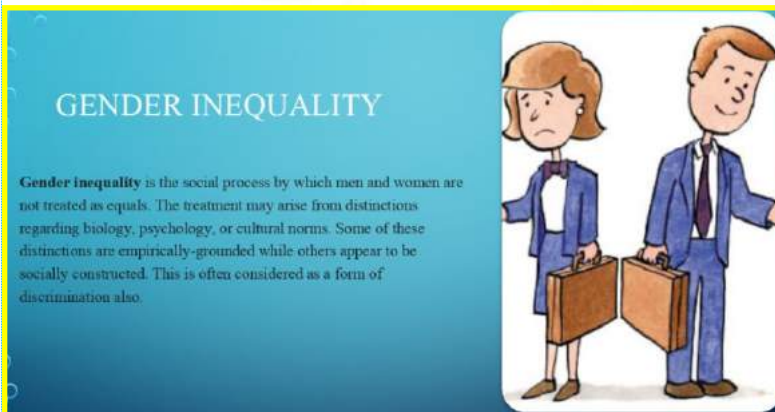


# Human Rights Day 2020: Theme

## Grade 7



DONE BY:-  
M. TEJAS #B



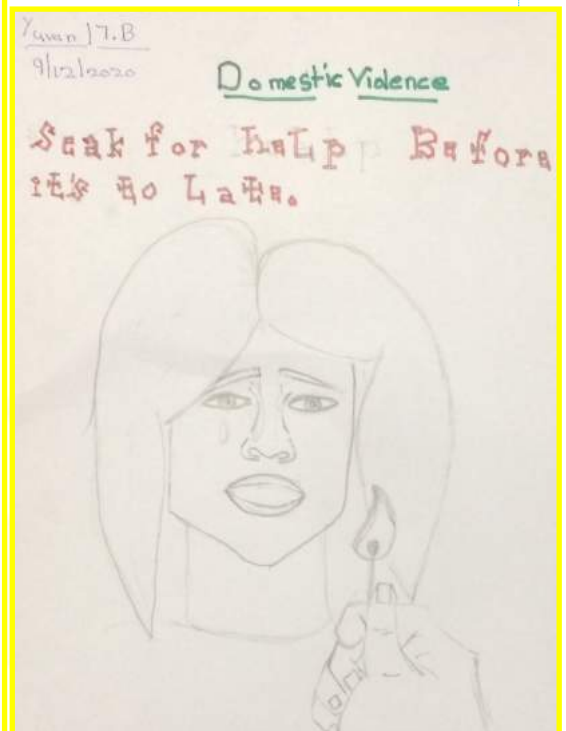
**Gender inequality** is the social process by which men and women are not treated as equals. The treatment may arise from distinctions regarding biology, psychology, or cultural norms. Some of these distinctions are empirically-grounded while others appear to be socially constructed. This is often considered as a form of discrimination also.





# Human Rights Day 2020: Theme

## Grade 7



## Grade 8

### Exploitation And Forced Labour

What is forced labour ?

Forced labour is any work or service which people are forced to do against their will, under threat of punishment. Almost all slavery practices contain some element of forced labour.



"The worst part was that there was no rest. I slept for two hours a night. There was no going out and no days off. When the bosses were out, the house was locked. I soon learned that if we refused to work, the police would be brought in to make us work. Once I was slapped round the face for not ironing my employer's scarf properly."

Lehmeire, Mauritanian domestic worker in Saudi Arabia

It affects millions of men, women and children around the world. It is most often found in industries with a lot of workers and little regulation. These include:

- Agriculture and fishing
- Domestic work
- Construction, mining, quarrying and brick kilns
- Manufacturing, processing and packaging
- Market trading and illegal activities

Forced labour is the most common element of modern slavery. It is the most extreme form of exploitation of people.

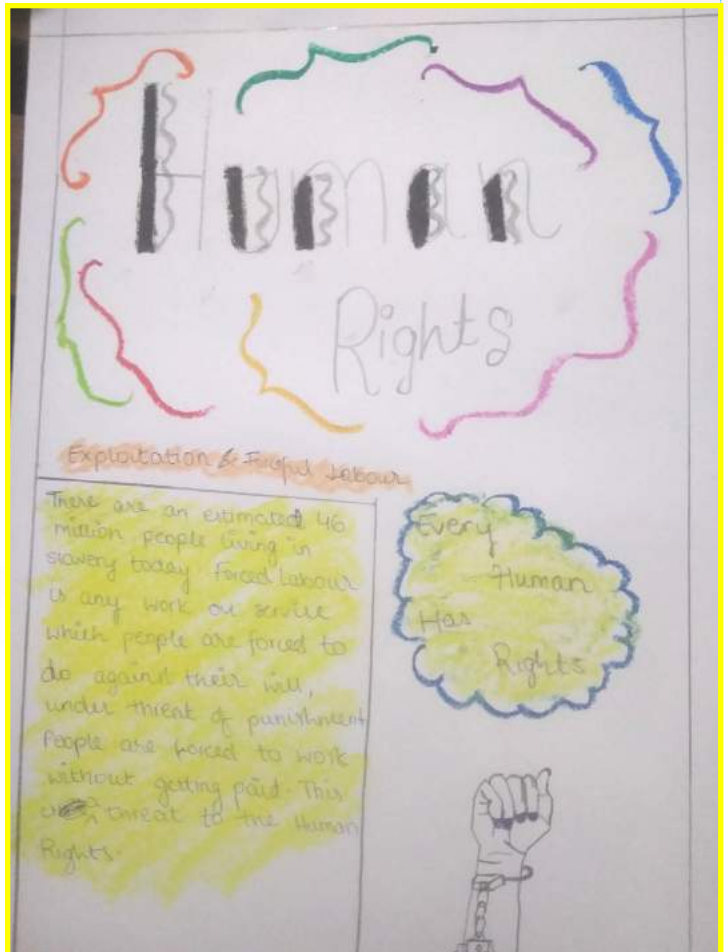
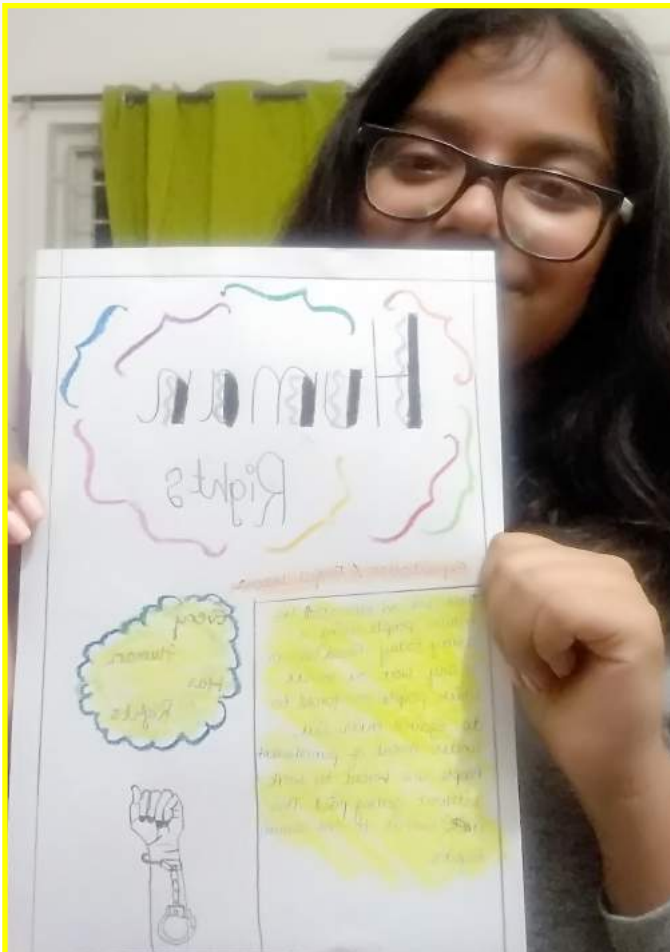
Although many people associate forced labour and slavery with physical violence, in fact the ways used to force people to work are more insidious and ingrained in some cultures.

Forced labour often affects the most vulnerable and excluded groups, for example commonly discriminated Dalits in India. Women and girls are more at risk than boys and men, and children make up a quarter of people in forced labour.



# Human Rights Day 2020: Theme

Grade 8





# Human Rights Day 2020: Theme

Grade 8

## Untouchability

-Joshith 8B

Why do they do that

"Untouchability is a terrible reality."  
~ Mahatma Gandhi

"If untouchability  
lives, humanity  
must die." ~  
Mahatma Gandhi.

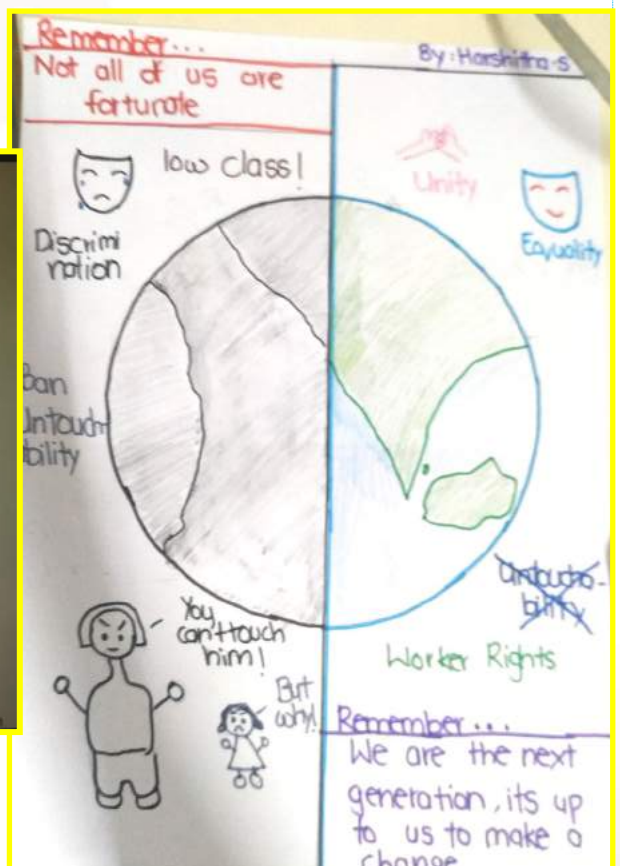
தின்தாமை

Brahmin

Kshatriya

Vaishya

Shudra





# Human Rights Day 2020: Theme

## Grade 8

**EXPLOITATION AND FORCED LABOUR**

Forced Labour is any work of service which people are forced to do against their will, under threat of punishment.



EDUCATION IS THEIR BIRTHRIGHT, SO AGAINST CHILD LABOUR WE MUST FIGHT.

There is no reason, There is no excuse. Child Labour is child abuse.

Life of Little Ones are DESTROYED, When Child Labour is EMPLOYED.

Kids Deserve To Be Happy


Child slavery is a crime against humanity. Humanity itself is at stake here. A lot of work still remains, but I will see the end of child labour in my lifetime.

-Vasudha.B 8A

**BOOKS SUPPORT**

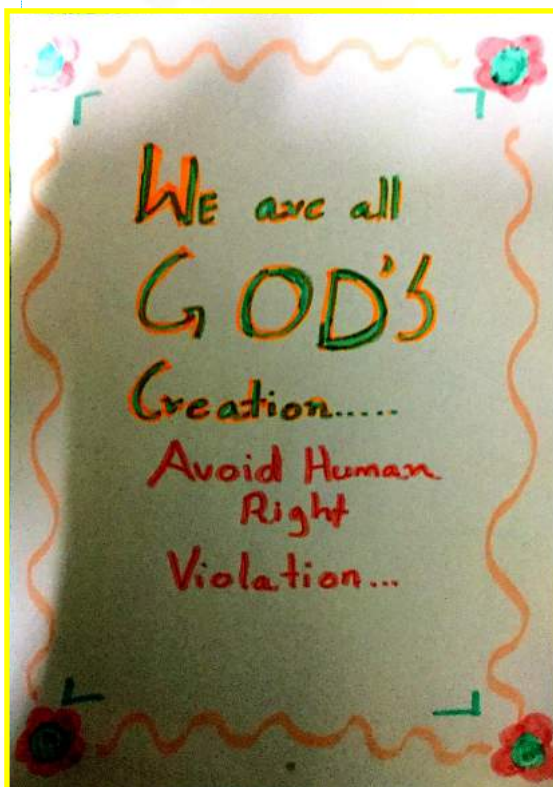
**A CHILD'S LIFE NOT BRICKS**



## Grade 9

**We are all GOD'S Creation.....**

**Avoid Human Right Violation...**



HUMAN RIGHTS ARE NOT A PRIVILEGE CONFERRED BY GOVERNMENT. THEY ARE EVERY HUMAN BEING'S ENTITLEMENT BY VIRTUE OF HIS humanity.....

— MOTHER TERESA

**HUMAN RIGHTS**

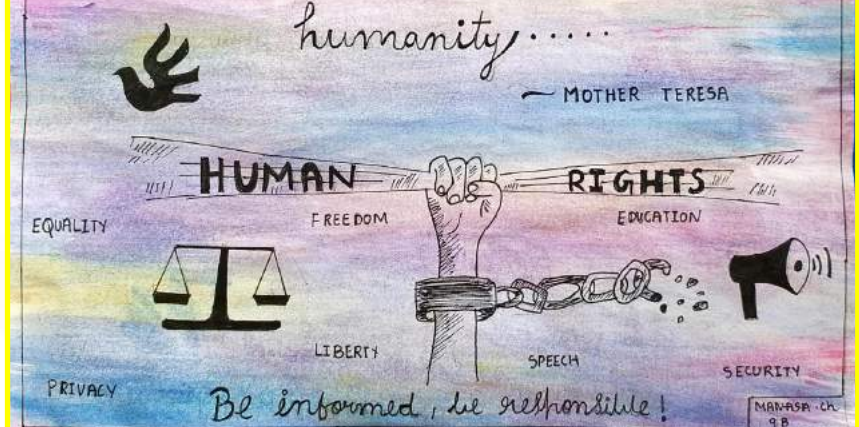
EQUALITY FREEDOM EDUCATION

LIBERTY SPEECH SECURITY

PRIVACY

Be informed, be responsible!

MANASA - CA 9B ARCHIMEDIS



Slogans on Human rights name: Shruthik 9B

Show your care, let's all be fair.

Human Rights for All...

Education is our right... stopping child labor is our fight!

WE ARE ALL God's creation, Avoid Human Rights Violation

Stand and Fight together for human rights

TOGETHER WE STAND

WOMEN'S RIGHTS ARE HUMAN RIGHTS.

DECEMBER 10, 2020

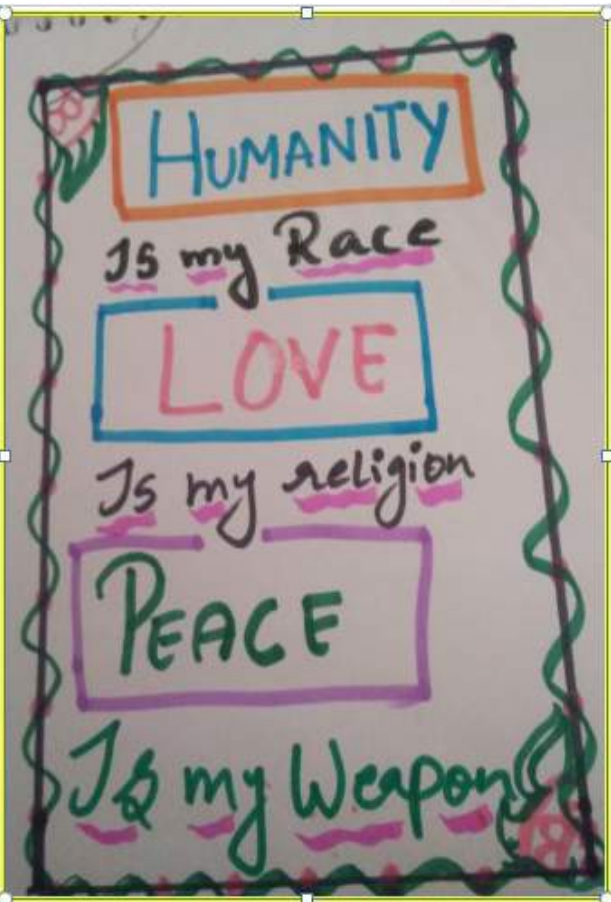
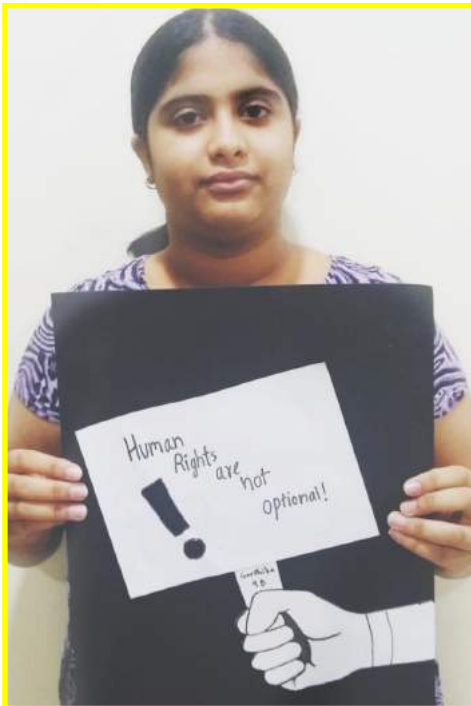
I STAND NO THE RIGHT SIDE of HISTORY





## Human Rights Day 2020: Theme

Grade 9



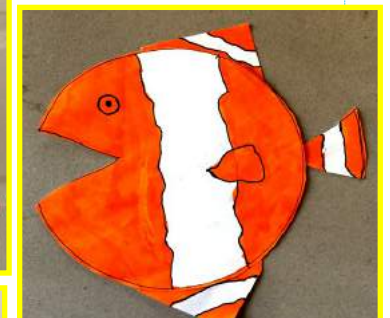
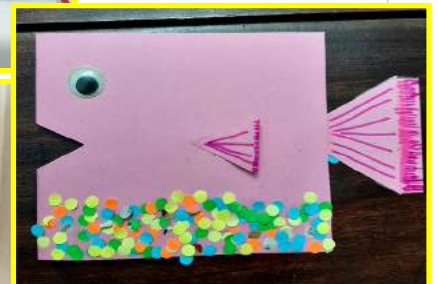
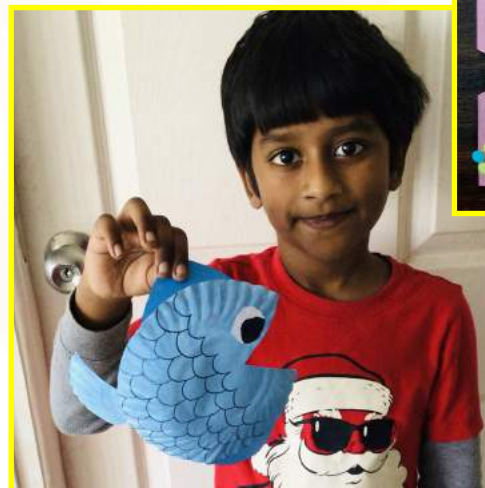
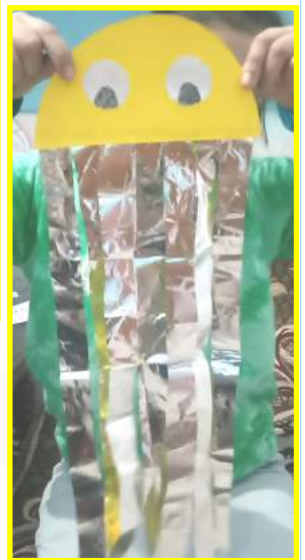


## GLOBAL PERSPECTIVE

Students learn better when their imagination and learning mix up with the hands-on activities. Our **grade 2 lemur**s enjoyed the Art and Craft integrated activity in GP for their Unit – 3: Water is life.

In this activity they explored their imaginations and created the aquatic animals using simple materials, such as paper plates, old CDs, paper cups etc.

By doing this activity they not only learnt about the aquatic animals but also understood the importance of water for all the living and non-living things.





## GLOBAL PERSPECTIVE

### Grade 2 learners

# Sea World

## Material Used

Gift box, Wafer box, Pista shells,  
Color paper, Watercolor, Glue



By: Pari Rastogi z A





## GLOBAL PERSPECTIVE

**Grade 3** on the topic – WATER IS LIFE - have integrated with Maths – they did the activity Measuring the liquids in **litres and millilitres** – Measuring two different juices and measuring their quantity when they mix with water.

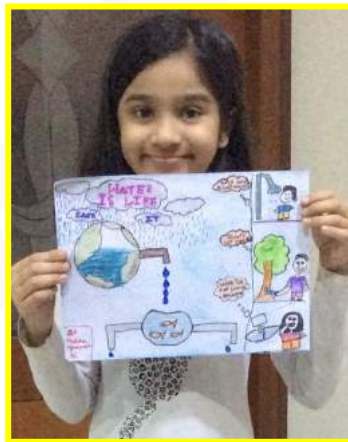
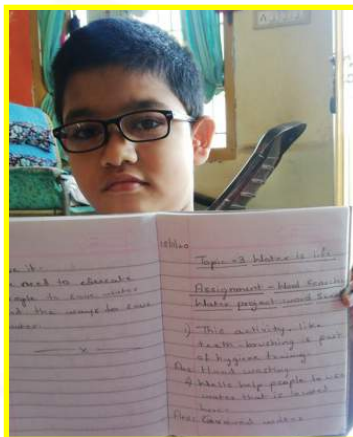
Integration with Social – Map pointing activity was done by marking important oceans of the world.

Integration with English – under Word Search activity – they found the different words connected to the topic WATER and their meanings.

Integration with Art – they made Posters on the theme 'SAVE WATER'.

Integration with Science – Activity – Students have mixed soap and glycerin in water and made bubbles and blown the bubbles. With this activity they came to know that water behavior is different when the substances are added in it, the conclusion is when they put soap into water and make bubbles you find more bubbles easily are blown, whereas when glycerin is mixed in water the bubbles don't form as soap water

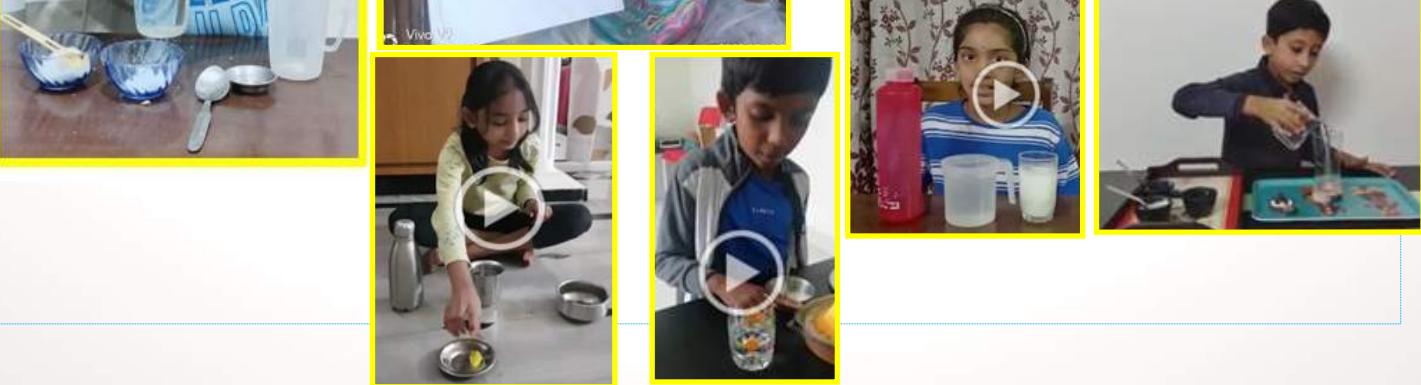
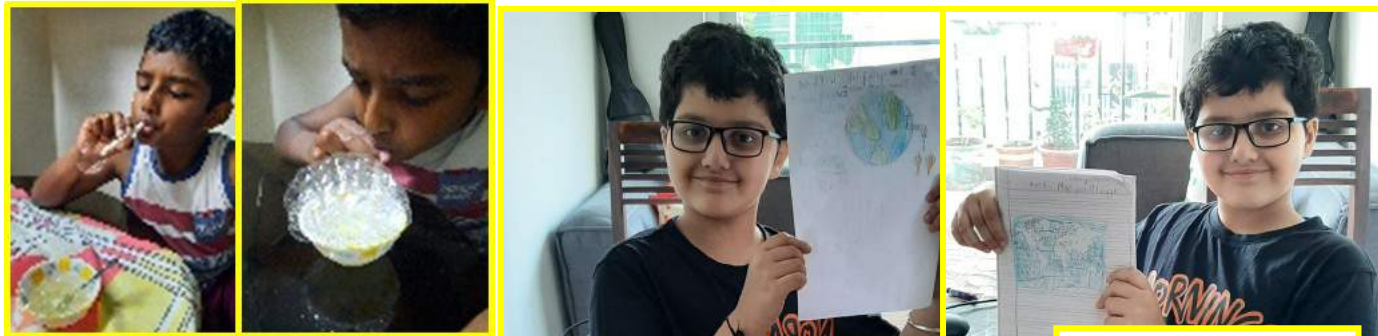
Students have learned the importance of water and why to conserve this precious resource through this topic and also learnt different words like precipitation, evaporation, water cycle etc and also different behavior of water while doing the integration with science.





GLOBAL PERSPECTIVE

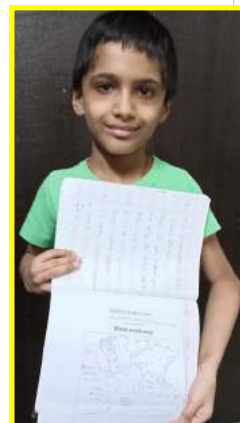
Grade 3





## GLOBAL PERSPECTIVE

### Grade 3





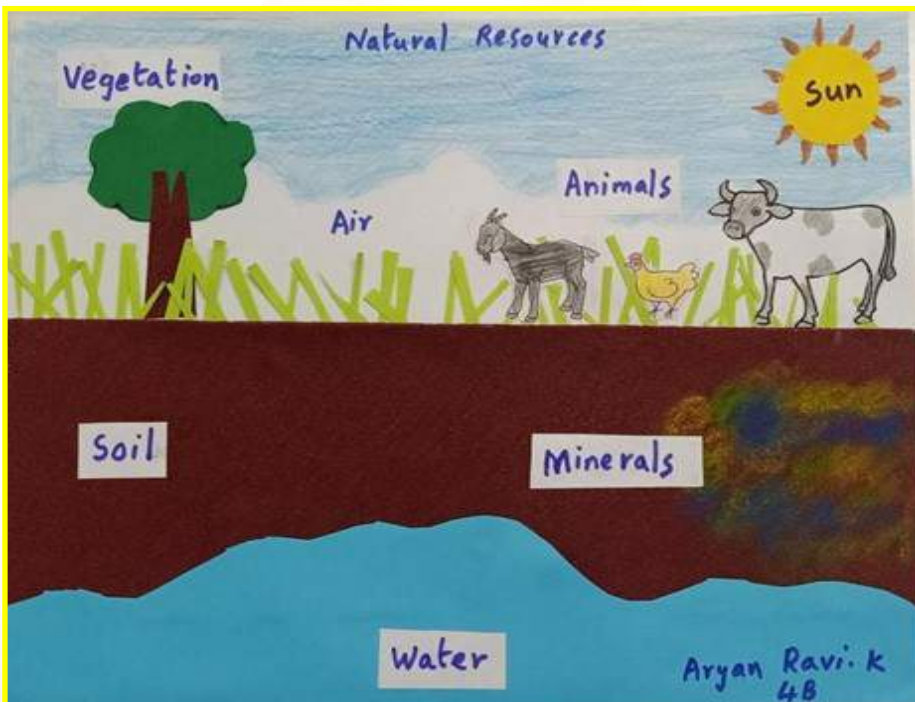
## Grade 3





## GLOBAL PERSPECTIVE

As a part Topic-3-Our Resources-lemurs of Grade-4 have presented various models related to the topic.





## GLOBAL PERSPECTIVE

The learners of grade 5 on Topic - **Tradition, Culture and Identity**, presented their culture and tradition through dressing and speaking and making tradition food items.





## GLOBAL PERSPECTIVE

Global Perspective is a subject where skills are enhanced and given utmost priority and the facilitators try to bring out the skills hidden in the students and try to take a different phase of learning into their minds by choosing different topics and integrating the topic with various subjects. With this notion under Topic 3 - CIVILIZATION **Grade 6 learners** have learnt about different civilizations connected to our country and also integrating globally with other 2 civilizations and came to know about their living conditions, culture, customs, weapons, shelters, clothes worn, rituals, gods worshipped through various activities.

Integration with Social – PPT presentation of different states festival, importance, culture, customs and rituals performed on that special occasion.

Integration with Art –using clay learners made artefacts – weapons, tools, pottery, vessels used during the different civilizations.

Integration with art and craft – students made 3D models showing any structure of any 3 civilizations taught.

Integration with English – SHOW AND TELL activity – Students had shown ancient things which they have at home and told about them.

From these activities the students learned to do the research and did hands-on activities and understood the content of the topic.





## GLOBAL PERSPECTIVE

### ART AND CRAFT

#### Grade 1 to 4

Lemurs involved deeply in the vast topic of colours, that is one of the seven elements of art and learned more about them as how to put tertiary colours in Secondary colour wheel, which colours are warm and cool and learn about Neutral colours which are not considered in colour wheel. What are Hues, Tints, Tones and Shades in colours. Beside this they involved themselves in fun Christmas activities.

#### **Tertiary colour wheel**



#### **Warm and cool colours**





## GLOBAL PERSPECTIVE

### Warm and cool colours



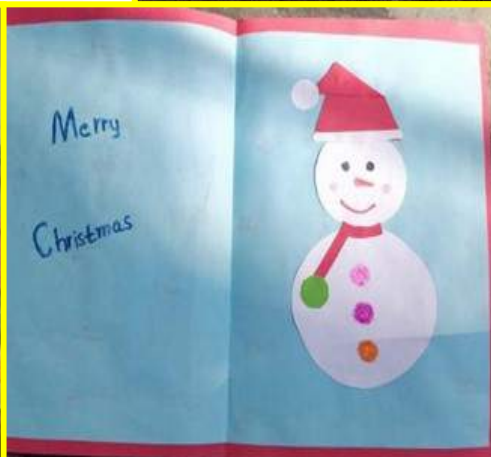
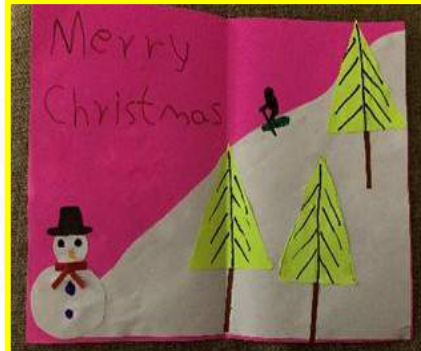
### Raccoon Neutral colours activity





# GLOBAL PERSPECTIVE

## Christmas activities





## Grades 5 to 7

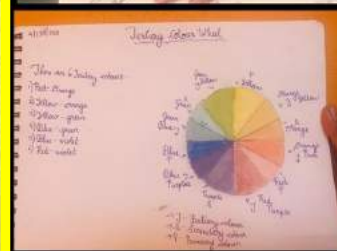
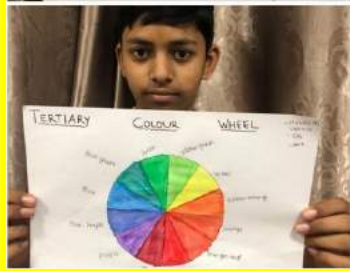
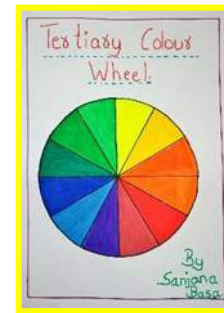
Lemurs learned photo frames by using pop sticks or cardboards. In this month they involve themselves in advance topic of Secondary colour wheel Spinner that is tertiary colour wheel. Learnt how to make all the colours of colour wheel, just using 3 Primary colours that is Red, Yellow and Blue. In this month and coming month they started learning one more traditional art – Madhubani paintings. Madhubani art (or Mithila painting) is a style of Indian painting, practiced in the Mithila region of the Indian subcontinent.

### Pop stick / Cardboard frames

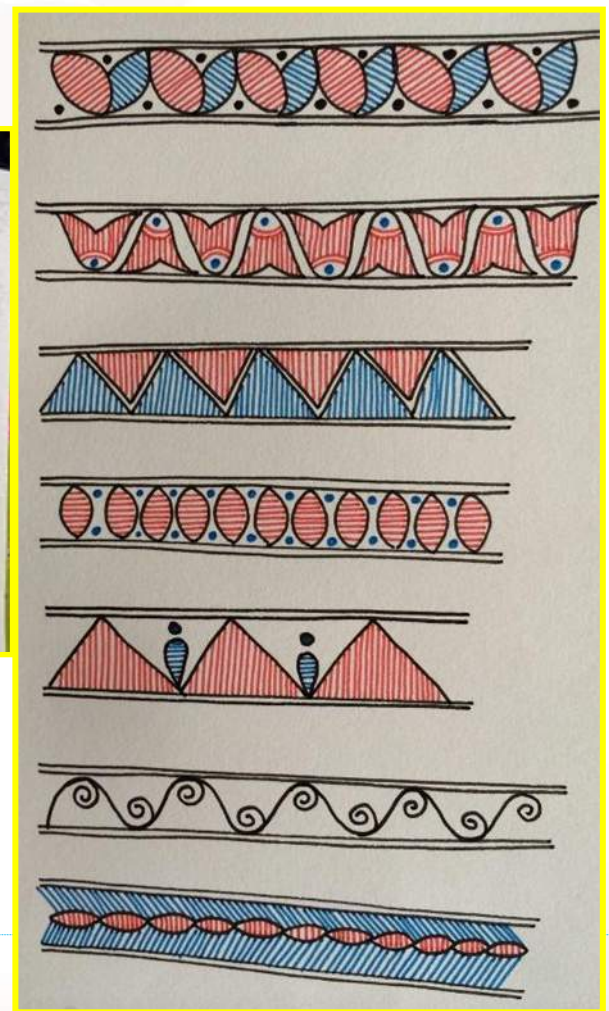
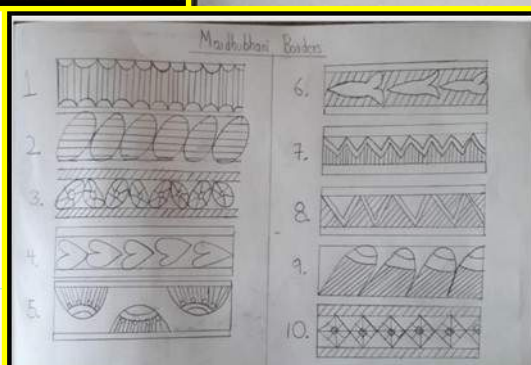
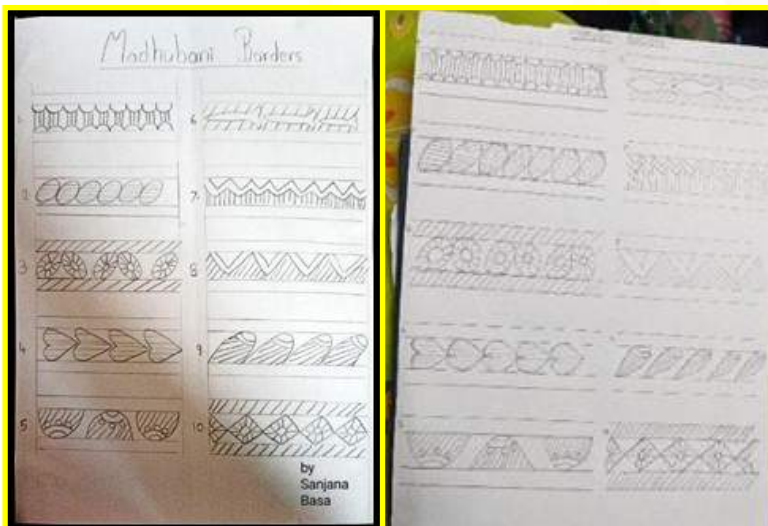




## Tertiary colour wheel



## Madhubani painting borders





**Random Art works that kids did in their free time**





## HEALTHY DRINK - WINNERS



### Grade 1 Winners



**Vismay Vinish  
(Grade 1A) PYTHAGORAS  
(1st Position)**



Ingredients: kiwi,  
banana, apple,  
chia seeds, mint leaf  
and honey



**Anvi Mishra  
(Grade 1B) ODYSSEUS  
(2nd Position)**



**Advay Bharathram  
(Grade 1B) ODYSSEUS  
(3rd Position)**



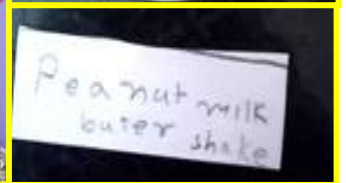
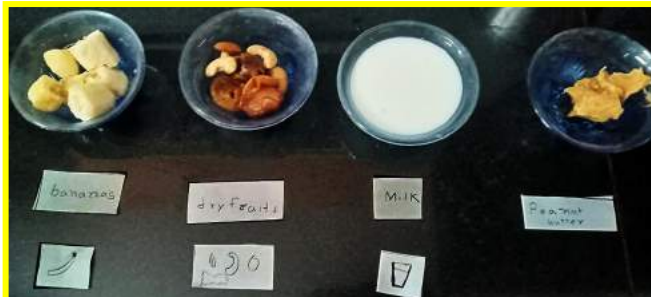
## HEALTHY DRINK - WINNERS



### Grade 2 Winners



**Likhith Deevi**  
**(Grade 2A) ODYSSEUS**  
**(1st Position)**



**Vivaan Sriakshaj**  
**(Grade 2B) ODYSSEUS**  
**(2nd Position)**



**Dhruthi Gottimukkula**  
**(Grade 2A) PYTHAGORAS**  
**(3rd Position)**



## HEALTHY DRINK - WINNERS



### Grade 3 Winners



**Gautham Krishna P**  
**(Grade 3A) ODYSSEUS**  
**(1st Position)**



**Sujai Pothula**  
**(Grade 3B) PYTHAGORAS**  
**(2nd Position)**



**Kritika Paspulati**  
**(Grade 3C) ARCHIMEDES**  
**(3rd Position)**





## Healthy Drink \_ Participants





## ***CAROLS SINGING - WINNERS***



### **Grade 4 Winners**



**Swastik Behera  
(Grade 4C) PYTHAGORAS  
(1st Position)**



**Naveesh Saroha  
(Grade 4A) ARCHIMEDES  
(2nd Position)**



**Ansh Haldar  
(Grade 4C) PYTHAGORAS  
(3rd Position)**



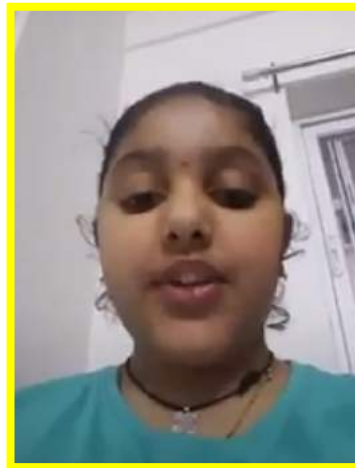
## ***CAROLS SINGING - WINNERS***



### **Grade 5 Winners**



**Anarghya Sai Vanshika M  
(Grade 5A) SOCRATES  
(1st Position)**



**Srinidhi Gattupalli  
(Grade 5B) ARCHIMEDES  
(2nd Position)**



**Stuti Sharma  
(Grade 5C) PYTHAGORAS  
(3rd Position)**



## ***CAROLS SINGING - WINNERS***



### **Grade 6 Winners**



**Jonathan Vipin  
(Grade 6B) ODYSSEUS  
(1st Position)**



**Prisha M  
(Grade 6C) ODYSSEUS  
(2nd Position)**



**Sai Aashrita Vemavarapu  
(Grade 6B) ARCHIMEDES  
(3rd Position)**



## *Carols Singing Competition*

**Carols Singing Competition - 4, 5 \_ 6 Link:**

<https://photos.app.goo.gl/o3PNgoKtgcPj49ty7>





## *Carols Singing Competition*





## ***GOOD HEALTH AND WELL BEING - WINNERS 7, 8 & 9***

**GOOD HEALTH AND WELL BEING Video Link:**

**<https://photos.app.goo.gl/NbAd7JwDtAdWtnZ66>**



**Grade 8 Winner**



**Vasudha Ganesh Bhutekar  
(Grade 8A) SOCRATES  
(1st Position)**



**Yashraj Chandrakor  
(Grade 7B) SOCRATES  
(2nd Position)**



**Lokesh Sai Gorijavolu  
(Grade 7A) ODYSSEUS  
(3rd Position)**





## ***FIT INDIA & FIT EPISTEMO***



Epistemo celebrated Fit India week as part of Fit India Hit India movement launched by Prime Minister Narendra Modi to encourage our young learners to remain healthy and fit by including physical activities and sports in their daily life. This program was aimed to inculcate the importance of exercising to stay fit and healthy throughout the day.

Online fitness sessions were held to practice various warm up exercises that can be done regularly during this pandemic time where it is important to have a proper body mind coordination. These fitness freaks relaxes one's mind and rejuvenates energy levels.

The sessions were planned with the objective to develop sports quotient among all the students. Students, parents, staff and management actively participated in this fitness program by making themselves flexible to attend and exercise to stay fit and healthy. This Fit India movement gave deep insights to understand that by exercising and by doing yoga etc., both our brain and body remains healthy.





## ***FIT INDIA & FIT EPISTEMO VIDEO LINKS***

**Grade 1 Video Link:** <https://photos.app.goo.gl/hDYVzNqG3dwwsBb67>

**Grade 2 Video Link:** <https://photos.app.goo.gl/UmPsLRxjPpGVif1s9>

**Grade 3 Video Link:** <https://photos.app.goo.gl/ywzj26mj19VmnfSJA>

**Grade 4 Video Link:** <https://photos.app.goo.gl/v4iWhSFaFkTTDVjz5>

**Grade 5 Video Link:** <https://photos.app.goo.gl/6os6gQZCqS1XFgQ78>

**Grade 6 Video Link:** <https://photos.app.goo.gl/Qwb5KWEsNCY5rJYC9>

**Grade 7 Video Link:** <https://photos.app.goo.gl/K5tNwqpyJwrQmajC9>

**Grade 8**



**Grade 9 Video Link:** <https://photos.app.goo.gl/a9wsbDHw2vsQPmce9>