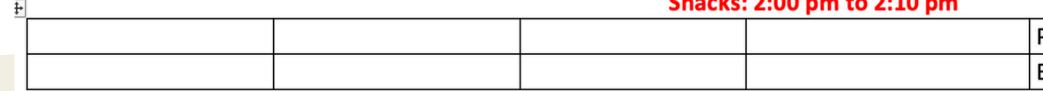


Epistemo

VIKAS LEADERSHIP SCHOOL



JANUARY - WEEK 3

Friday	Saturday
17/1/2025	18/1/2025

Masala Dosa	Paratha
Chutney & Sambar	Chutney & curd
Cornflakes & Milk	Cornflakes & Milk
Bread & Jam	Bread Toast & Butter
Fruit	

Green Salad	Green Salad
Veg Noodles	Roti
Schezwan Fried Rice	Tamarind Rice
Veg Manchuria	Capsicum curry
Plain Rice	Plain Rice
Veg Sambar	Dal Tadka
Cauliflower curry	Brinjal fry
Chutney	Chutney
Fryums	Papad
Raita	Raita
	Sweet

Punugulu	Boiled peanuts
Boost Milk	Fruit Juice

